



**Summer 2 2017 Starbucks Beverage Nutrition Information \***

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) **	Added sugar (g)	Caffeine (mg) **
<b>HOT BEVERAGES</b>													
<b>ESPRESSO &amp; FILTER COFFEE</b>													
<b>CAFFE LATTE</b>													
Short - Skimmed Milk	279	67	0.1	0.1	9.9	8.9	0.0	6.4	0.19	8.9	8.9	0.0	75
Short - Semi Skimmed Milk	399	95	3.5	2.3	9.4	8.4	0.0	6.3	0.18	8.4	8.4	0.0	75
Short - Whole Milk	474	113	5.8	3.3	9.1	8.1	0.0	6.1	0.18	8.1	8.1	0.0	75
Short - Soy	314	75	2.7	0.3	6.6	4.1	0.7	5.3	0.21	4.1	N/A	4.1	75
Short - Coconut	342	81	5.5	5.1	7.6	5.9	0.6	0.0	0.00	5.9	N/A	5.9	75
Short - Almond	209	50	2.3	0.2	6.1	4.8	0.6	1.0	0.16	4.8	N/A	4.8	75
Tall - Skimmed Milk	427	102	0.2	0.2	15.1	14.1	0.0	9.9	0.30	14.1	14.1	0.0	150
Tall - Semi Skimmed Milk	599	143	5.1	2.6	14.8	12.8	0.0	9.5	0.31	12.8	12.8	0.0	150
Tall - Whole Milk	718	172	8.4	4.8	14.8	12.8	0.0	9.1	0.29	12.8	12.8	0.0	150
Tall - Soy	462	110	4.0	0.5	9.9	5.9	1.0	7.7	0.24	5.9	N/A	5.9	150
Tall - Coconut	508	121	8.0	7.5	11.7	8.6	0.9	0.0	0.00	8.6	N/A	8.6	150
Tall - Almond	313	75	3.3	0.3	9.5	6.9	0.8	1.4	0.23	6.9	N/A	6.9	150
Grande - Skimmed Milk	550	131	0.3	0.2	19.5	17.5	0.0	12.6	0.37	17.5	17.5	0.0	150
Grande - Semi Skimmed Milk	786	188	7.0	4.4	18.5	16.5	0.0	12.4	0.36	16.5	16.5	0.0	150
Grande - Whole Milk	934	223	11.5	6.6	17.9	16.0	0.0	12.1	0.35	16.0	16.0	0.0	150
Grande - Soy	618	148	5.3	0.7	12.9	8.0	1.3	10.4	0.41	8.0	N/A	8.0	150
Grande - Coconut	684	163	11.0	10.3	15.2	11.8	1.3	0.0	0.00	11.8	N/A	11.8	150
Grande - Almond	418	100	4.6	0.4	12.2	9.5	1.1	1.9	0.31	9.5	N/A	9.5	150
Venti - Skimmed Milk	729	174	0.4	0.3	24.9	22.9	0.0	16.7	0.49	22.9	22.9	0.0	225
Venti - Semi Skimmed Milk	1038	248	9.2	4.6	25.1	22.2	0.0	16.3	0.55	22.2	22.2	0.0	225
Venti - Whole Milk	1250	299	15.0	8.6	25.1	22.2	0.0	15.6	0.50	22.2	22.2	0.0	225
Venti - Soy	772	185	6.7	0.9	16.6	10.2	1.6	12.8	0.40	10.2	N/A	10.2	225
Venti - Coconut	858	204	13.7	12.7	19.5	14.6	1.6	0.0	0.00	14.6	N/A	14.6	225
Venti - Almond	527	126	5.7	0.5	15.7	11.8	1.4	2.4	0.39	11.8	N/A	11.8	225
<b>FRESH FILTER COFFEE</b>													
Short	11	3	0.1	0.0	0.0	0.0	0.0	0.3	0.01	0.0	0.0	0.0	160
Tall	16	4	0.1	0.0	0.0	0.0	0.0	0.5	0.02	0.0	0.0	0.0	240
Grande	21	5	0.1	0.0	0.0	0.0	0.0	0.6	0.02	0.0	0.0	0.0	320
Venti	26	6	0.1	0.0	0.0	0.0	0.0	0.7	0.03	0.0	0.0	0.0	400
<b>ESPRESSO</b>													
Solo	24	6	0.0	0.0	1.0	0.0	0.0	0.4	0.00	0.0	0.0	0.0	75
Doppio	48	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	0.0	0.0	0.0	150
<b>ESPRESSO CON PANNA</b>													
Solo	129	31	2.5	1.5	1.7	0.5	0.0	0.5	0.01	0.5	0.5	0.0	75
Doppio	153	36	2.5	1.5	2.7	0.5	0.0	0.9	0.01	0.5	0.5	0.0	150
<b>CORTADO</b>													
Skimmed Milk	152	36	0.1	0.0	6.1	4.1	0.0	2.8	0.09	4.1	4.1	0.0	157
Semi Skimmed Milk	199	47	1.4	0.8	6.1	4.0	0.0	2.7	0.09	4.0	4.0	0.0	157
Whole Milk	254	60	2.9	1.9	5.9	3.8	0.0	2.7	0.09	3.8	3.8	0.0	157
Soy	170	40	1.5	0.2	4.6	2.5	0.3	1.9	0.07	2.5	0.0	2.5	157
Coconut	172	41	2.3	2.2	4.8	2.5	0.3	0.0	0.11	2.5	0.0	2.5	157
Almond	115	27	1.0	0.1	4.2	2.0	0.2	0.4	0.07	2.0	0.0	2.0	157
<b>ESPRESSO MACCHIATO</b>													
Solo - Skimmed Milk	25	6	0.0	0.0	1.3	0.2	0.0	0.1	0.01	0.2	0.2	0.0	75
Solo - Semi Skimmed Milk	27	7	0.1	0.0	1.3	0.2	0.0	0.1	0.01	0.2	0.2	0.0	75
Solo - Whole Milk	30	7	0.1	0.1	1.3	0.2	0.0	0.1	0.01	0.2	0.2	0.0	75
Solo - Soy	26	6	0.1	0.0	1.3	0.1	0.0	0.1	0.01	0.1	0.1	0.0	75
Solo - Coconut	26	6	0.1	0.1	1.3	0.1	0.0	0.0	0.01	0.1	0.1	0.0	75
Solo - Almond	26	6	0.0	0.0	1.2	0.1	0.0	0.0	0.00	0.1	0.1	0.0	75
Doppio - Skimmed Milk	44	11	0.0	0.0	2.5	0.2	0.0	0.1	0.01	0.2	0.2	0.0	150
Doppio - Semi Skimmed Milk	47	11	0.1	0.0	2.5	0.2	0.0	0.1	0.01	0.2	0.2	0.0	150
Doppio - Whole Milk	49	12	0.1	0.1	2.5	0.2	0.0	0.1	0.01	0.2	0.2	0.0	150
Doppio - Soy	45	11	0.1	0.0	2.4	0.1	0.0	0.1	0.01	0.1	0.1	0.0	150
Doppio - Coconut	45	11	0.1	0.1	2.4	0.1	0.0	0.0	0.01	0.1	0.1	0.0	150
Doppio - Almond	42	10	0.0	0.0	2.4	0.1	0.0	0.0	0.01	0.1	0.1	0.0	150
<b>CAFFE AMERICANO</b>													
Short	24	6	0.0	0.0	1.0	0.0	0.0	0.4	0.01	0.0	0.0	0.0	75
Tall	48	11	0.0	0.0	2.0	0.0	0.0	0.7	0.02	0.0	0.0	0.0	150
Grande	72	17	0.0	0.0	3.0	0.0	0.0	1.1	0.02	0.0	0.0	0.0	225
Venti	95	23	0.0	0.0	4.0	0.0	0.0	1.4	0.03	0.0	0.0	0.0	300
<b>CAPPUCCINO</b>													
Short - Skimmed Milk	229	55	0.1	0.1	8.1	7.1	0.0	5.2	0.15	7.1	7.1	0.0	75
Short - Semi Skimmed Milk	325	78	2.8	1.8	7.7	6.7	0.0	5.1	0.15	6.7	6.7	0.0	75
Short - Whole Milk	385	92	4.7	2.7	7.5	6.5	0.0	5.0	0.14	6.5	6.5	0.0	75
Short - Soy	259	62	2.2	0.3	5.5	3.3	0.6	4.3	0.17	3.3	N/A	3.3	75
Short - Coconut	350	85	5.5	5.1	7.9	5.9	0.0	0.0	0.15	5.9	N/A	5.9	75
Short - Almond	218	52	2.4	0.2	6.3	5.0	0.6	1.0	0.16	5.0	N/A	5.0	75
Tall - Skimmed Milk	291	70	0.1	0.1	10.5	8.5	0.0	6.5	0.18	8.5	8.5	0.0	150
Tall - Semi Skimmed Milk	405	97	3.4	1.7	10.2	8.2	0.0	6.4	0.20	8.2	8.2	0.0	150
Tall - Whole Milk	484	116	5.6	3.2	10.2	8.2	0.0	6.1	0.19	8.2	8.2	0.0	150
Tall - Soy	309	74	2.5	0.3	7.0	3.8	0.6	5.1	0.15	3.8	N/A	3.8	150
Tall - Coconut	488	118	7.0	6.6	12.0	7.5	0.6	1.0	0.15	7.5	N/A	7.5	150
Tall - Almond	324	77	3.4	0.3	9.7	7.1	0.9	1.4	0.23	7.2	N/A	7.2	150
Grande - Skimmed Milk	344	82	0.2	0.1	12.3	10.3	0.0	7.7	0.22	10.3	10.3	0.0	150
Grande - Semi Skimmed Milk	483	115	4.1	2.6	11.7	9.7	0.0	7.6	0.22	9.7	9.7	0.0	150
Grande - Whole Milk	570	136	6.8	3.9	11.4	9.4	0.0	7.4	0.21	9.4	9.4	0.0	150
Grande - Soy	386	92	3.2	0.4	8.5	4.7	0.8	6.4	0.24	4.7	N/A	4.7	150
Grande - Coconut	681	165	10.0	9.6	16.0	11.0	0.8	1.0	0.20	11.0	N/A	11.0	150
Grande - Almond	367	87	3.9	0.3	10.8	8.2	1.0	1.6	0.27	8.2	N/A	8.2	150



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	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
Venti - Skimmed Milk	480	115	0.2	0.2	17.2	14.2	0.0	10.8	0.30	14.2	14.2	0.0	225
Venti - Semi Skimmed Milk	672	161	5.7	2.9	16.8	13.8	0.0	10.6	0.34	13.8	13.8	0.0	225
Venti - Whole Milk	804	192	9.3	5.4	16.8	13.8	0.0	10.1	0.31	13.8	13.8	0.0	225
Venti - Soy	515	123	4.2	0.6	11.5	6.4	1.1	8.5	0.25	6.4	N/A	6.4	225
Venti - Coconut	837	202	13.0	12.0	20.0	13.0	1.1	1.4	0.25	13.0	N/A	13.0	225
Venti - Almond	541	129	5.8	0.5	16.0	12.1	1.4	2.4	0.40	12.1	N/A	12.1	225
<b>CAFFE MISTO</b>													
Short - Skimmed Milk	156	37	0.1	0.1	5.3	5.3	0.0	3.7	0.12	5.3	5.3	0.0	75
Short - Semi Skimmed Milk	227	54	2.1	1.3	5.0	5.0	0.0	3.6	0.11	5.0	5.0	0.0	75
Short- Whole Milk	271	65	3.5	2.0	4.8	4.8	0.0	3.6	0.11	4.8	4.8	0.0	75
Short- Soy	177	42	1.6	0.2	3.3	2.4	0.4	3.0	0.13	2.4	N/A	2.4	75
Short - Coconut	203	48	3.2	3.0	4.7	3.4	0.4	0.0	0.15	3.4	N/A	3.4	75
Short - Almond	125	30	1.3	0.1	3.8	2.8	0.3	0.6	0.09	2.8	N/A	2.8	75
Tall - Skimmed Milk	234	56	0.2	0.1	7.9	7.9	0.0	5.6	0.18	7.9	7.9	0.0	115
Tall - Semi Skimmed Milk	340	81	3.2	2.0	7.5	7.5	0.0	5.5	0.17	7.5	7.5	0.0	115
Tall - Whole Milk	407	97	5.2	3.0	7.2	7.2	0.0	5.3	0.17	7.2	7.2	0.0	115
Tall - Soy	263	63	2.4	0.3	4.9	3.6	0.6	4.5	0.19	3.6	N/A	3.6	115
Tall - Coconut	305	73	4.8	4.5	7.1	5.1	0.6	0.0	0.22	5.1	N/A	5.1	115
Tall - Almond	188	45	2.0	0.2	5.8	4.1	0.5	0.8	0.14	4.1	N/A	4.1	115
Grande - Skimmed Milk	304	73	0.2	0.1	10.3	10.3	0.0	7.2	0.23	10.3	10.3	0.0	150
Grande - Semi Skimmed Milk	442	106	4.1	2.6	9.7	9.7	0.0	7.1	0.22	9.7	9.7	0.0	150
Grande - Whole Milk	529	126	6.8	3.9	9.4	9.4	0.0	6.9	0.22	9.4	9.4	0.0	150
Grande - Soy	343	82	3.2	0.4	6.4	4.7	0.8	5.9	0.25	4.7	N/A	4.7	150
Grande - Coconut	399	95	6.3	5.8	9.3	6.7	0.7	0.0	0.29	6.7	N/A	6.7	150
Grande - Almond	246	59	2.6	0.2	7.6	5.4	0.6	1.1	0.18	5.4	N/A	5.4	150
Venti - Skimmed Milk	385	92	0.3	0.2	13.0	13.0	0.0	9.2	0.29	13.0	13.0	0.0	195
Venti - Semi Skimmed Milk	560	134	5.2	3.3	12.3	12.3	0.0	9.0	0.28	12.3	12.3	0.0	195
Venti - Whole Milk	670	160	8.6	4.9	11.8	11.8	0.0	8.8	0.28	11.8	11.8	0.0	195
Venti - Soy	434	104	4.0	0.5	8.1	5.9	1.0	7.5	0.32	5.9	N/A	5.9	195
Venti - Coconut	506	120	7.9	7.4	11.8	8.5	0.9	0.0	0.36	8.5	N/A	8.5	195
Venti - Almond	314	75	3.3	0.3	9.7	6.8	0.8	1.4	0.22	6.8	N/A	6.8	195
<b>FLAT WHITE (made with Whole Milk as standard)</b>													
Short size as standard	498	119	5.8	3.3	10.1	8.1	0.0	6.5	0.18	8.1	8.1	0.0	150
<b>CARAMEL MACCHIATO (made with regular Vanilla flavoured syrup)</b>													
Short - Skimmed Milk	407	97	0.9	0.6	16.8	15.1	0.0	5.6	0.18	15.1	7.9	7.2	75
Short - Semi Skimmed Milk	510	122	3.8	2.4	16.3	14.7	0.0	5.5	0.18	14.7	7.9	6.8	75
Short- Whole Milk	574	137	5.7	3.3	16.1	14.5	0.0	5.3	0.17	14.5	7.4	7.1	75
Short- Soy	433	104	3.0	0.8	13.9	11.0	0.6	4.5	0.19	11.0	N/A	11.0	75
Short - Coconut	518	124	6.2	5.4	16.0	14.0	0.6	0.0	0.18	14.0	N/A	14.0	75
Short - Almond	359	86	2.9	0.7	13.9	12.2	0.5	0.8	0.18	12.2	N/A	12.2	75
Tall - Skimmed Milk	689	165	1.0	0.6	28.7	25.9	0.6	10.2	0.31	25.9	10.2	15.7	150
Tall - Semi Skimmed Milk	875	209	6.3	3.3	28.2	25.5	0.0	10.0	0.35	25.5	10.2	15.3	150
Tall - Whole Milk	1003	240	9.8	5.7	28.2	25.5	0.0	9.6	0.32	25.5	9.6	15.9	150
Tall - Soy	700	167	4.6	1.0	23.0	18.2	0.9	7.5	0.26	18.2	N/A	18.2	150
Tall - Coconut	761	183	8.1	7.3	26.0	22.0	0.9	0.7	0.28	22.0	N/A	22.0	150
Tall - Almond	514	123	3.5	0.8	21.4	18.3	0.7	1.1	0.22	18.3	N/A	18.3	150
Grande - Skimmed Milk	807	193	1.1	0.7	34.9	31.9	0.0	10.7	0.34	31.9	10.2	21.7	150
Grande - Semi Skimmed Milk	1004	240	6.7	4.3	34.0	31.0	0.0	10.5	0.33	31.0	15.4	15.6	150
Grande - Whole Milk	1127	269	10.5	6.0	33.6	30.6	0.0	10.3	0.32	30.6	14.4	16.2	150
Grande - Soy	864	207	5.3	1.1	29.4	23.9	1.1	8.8	0.37	23.9	N/A	23.9	150
Grande - Coconut	1041	250	11.0	10.0	35.0	31.0	1.1	0.7	0.35	31.0	N/A	31.0	150
Grande - Almond	720	172	5.0	1.0	29.8	26.3	1.0	1.6	0.31	26.3	N/A	26.3	150
Venti - Skimmed Milk	1093	261	1.2	0.8	47.0	42.8	0.0	15.4	0.47	42.8	18.1	24.7	225
Venti - Semi Skimmed Milk	1377	329	9.3	4.8	46.3	42.1	0.0	15.1	0.53	42.1	18.1	24.0	225
Venti - Whole Milk	1571	376	14.6	8.5	46.3	42.1	0.0	14.5	0.48	42.1	17.0	25.1	225
Venti - Soy	1170	280	7.4	1.4	39.0	31.6	1.6	12.5	0.41	31.6	N/A	31.6	225
Venti - Coconut	1284	308	13.0	12.0	44.0	38.0	1.6	1.1	0.40	38.0	N/A	38.0	225
Venti - Almond	883	211	5.7	1.0	37.4	32.6	1.2	1.9	0.36	32.6	N/A	32.6	225
<b>MOCHA &amp; HOT CHOCOLATE</b>													
<b>CAFFE MOCHA with WHIPPED CREAM</b>													
Short - Skimmed Milk	830	198	7.0	4.0	25.6	20.8	1.6	7.3	0.21	20.8	8.9	11.9	91
Short - Semi Skimmed Milk	933	222	9.7	5.7	25.6	20.8	1.6	7.3	0.20	20.8	8.9	11.9	91
Short- Whole Milk	1044	249	13.0	7.9	25.1	20.3	1.6	7.1	0.20	20.3	8.4	11.9	91
Short- Soy	868	207	10.1	4.5	22.4	17.6	2.1	5.6	0.15	17.6	0.4	17.1	91
Short - Coconut	872	208	11.8	8.6	22.9	17.6	2.1	1.5	0.24	17.6	0.4	17.1	91
Short - Almond	754	180	8.9	4.1	21.5	16.5	2.1	2.3	0.15	16.5	0.4	16.1	91
Tall - Skimmed Milk	1186	282	8.7	4.9	38.5	30.9	2.3	11.3	0.32	30.9	14.0	16.9	180
Tall - Semi Skimmed Milk	1349	321	13.0	7.6	38.5	30.9	2.3	11.3	0.32	30.9	14.0	16.9	180
Tall - Whole Milk	1525	363	18.2	11.1	37.7	30.1	2.3	11.1	0.32	30.1	13.2	16.9	180
Tall - Soy	1245	297	13.6	5.7	33.4	25.8	3.2	8.6	0.24	25.8	0.5	25.3	180
Tall - Coconut	1252	298	16.3	12.2	34.2	25.8	3.2	2.2	0.38	25.8	0.5	25.3	180
Tall - Almond	1064	253	11.7	5.2	32.0	24.2	3.1	3.5	0.24	24.2	0.5	23.7	180
Grande - Skimmed Milk	1484	353	10.4	5.9	49.0	39.8	3.0	14.5	0.41	39.8	17.8	22.0	181
Grande - Semi Skimmed Milk	1692	403	15.9	9.3	49.0	39.8	3.0	14.5	0.40	39.8	17.8	22.0	181
Grande - Whole Milk	1916	456	22.4	13.8	48.0	38.8	3.0	14.2	0.40	38.8	16.8	22.0	181
Grande - Soy	1560	371	16.6	6.9	42.5	33.3	4.1	11.1	0.30	33.3	0.6	32.7	181
Grande - Coconut	1569	374	20.0	15.2	43.5	33.3	4.1	2.8	0.48	33.3	0.6	32.7	181
Grande - Almond	1329	317	14.2	6.2	40.8	31.2	4.0	4.5	0.30	31.2	0.6	30.6	181



**Summer 2 2017 Starbucks Beverage Nutrition Information \***

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
Venti - Skimmed Milk	1805	430	11.0	6.2	62.1	50.1	3.7	18.8	0.53	50.1	23.1	27.0	270
Venti - Semi Skimmed Milk	2078	495	18.2	10.7	62.1	50.1	3.7	18.8	0.52	50.1	23.1	27.0	270
Venti - Whole Milk	2371	564	26.8	16.6	60.8	48.7	3.7	18.3	0.52	48.7	21.7	27.0	270
Venti - Soy	1905	454	19.1	7.6	53.6	41.5	5.2	14.3	0.39	41.5	0.6	40.9	270
Venti - Coconut	1917	456	23.6	18.4	54.9	41.5	5.2	3.5	0.62	41.5	0.6	40.9	270
Venti - Almond	1603	382	16.0	6.7	51.3	38.8	5.0	5.7	0.39	38.8	0.6	38.2	270
<b>WHITE CHOCOLATE MOCHA with WHIPPED CREAM</b>													
Short - Skimmed Milk	927	221	8.4	3.2	28.9	27.3	0.0	7.4	0.32	27.3	8.6	18.7	87
Short - Semi Skimmed Milk	1025	244	11.0	4.8	28.9	27.3	0.0	7.4	0.31	27.3	8.6	18.7	87
Short- Whole Milk	1130	269	14.1	6.9	28.4	26.9	0.0	7.2	0.31	26.9	8.1	18.7	87
Short- Soy	963	229	11.3	3.7	25.8	24.3	0.5	5.7	0.27	24.3	N/A	24.3	87
Short - Coconut	967	230	12.9	7.6	26.3	24.3	0.5	1.8	0.35	24.3	N/A	24.3	87
Short - Almond	854	203	10.2	3.4	25.0	23.3	0.5	2.7	0.27	23.3	N/A	23.3	87
Tall - Skimmed Milk	1313	313	10.8	3.8	43.1	40.3	0.0	10.7	0.46	40.3	12.3	28.0	174
Tall - Semi Skimmed Milk	1454	346	14.6	6.1	43.1	40.3	0.0	10.7	0.46	40.3	12.3	28.0	174
Tall - Whole Milk	1607	383	19.0	9.2	42.4	39.6	0.0	10.5	0.46	39.6	11.6	28.0	174
Tall - Soy	1365	325	15.0	4.5	38.6	35.8	0.8	8.4	0.39	35.8	N/A	35.8	174
Tall - Coconut	1371	326	17.4	10.1	39.3	35.8	0.8	2.8	0.51	35.8	N/A	35.8	174
Tall - Almond	1208	288	13.4	4.0	37.5	34.4	0.7	3.9	0.39	34.4	N/A	34.4	174
Grande - Skimmed Milk	1705	406	13.3	4.4	57.0	54.1	0.0	14.7	0.63	54.1	16.9	37.2	174
Grande - Semi Skimmed Milk	1901	453	18.4	7.6	57.0	54.1	0.0	14.7	0.62	54.1	16.9	37.2	174
Grande - Whole Milk	2112	503	24.6	11.8	56.0	53.1	0.0	14.4	0.62	53.1	15.9	37.2	174
Grande - Soy	1777	423	19.1	5.4	50.8	48.0	1.1	11.4	0.53	48.0	N/A	48.0	174
Grande - Coconut	1785	425	22.3	13.1	51.8	48.0	1.1	3.7	0.69	48.0	N/A	48.0	174
Grande - Almond	1560	371	16.8	4.7	49.2	46.0	1.0	5.3	0.53	46.0	N/A	46.0	174
Venti - Skimmed Milk	2053	489	14.6	4.4	71.1	67.1	0.0	18.2	0.78	67.1	20.8	46.4	261
Venti - Semi Skimmed Milk	2296	547	21.0	8.4	71.1	67.1	0.0	18.2	0.77	67.1	20.8	46.4	261
Venti - Whole Milk	2556	609	28.6	13.6	69.9	65.9	0.0	17.8	0.77	65.9	19.6	46.4	261
Venti - Soy	2142	510	21.8	5.6	63.5	59.5	1.4	14.2	0.66	59.5	N/A	59.5	261
Venti - Coconut	2152	512	25.8	15.2	64.7	59.5	1.4	4.6	0.86	59.5	N/A	59.5	261
Venti - Almond	1873	446	19.0	4.8	61.5	57.1	1.2	6.6	0.66	57.1	N/A	57.1	261
<b>SIGNATURE HOT CHOCOLATE with WHIPPED CREAM</b>													
Short - Skimmed Milk	1119	267	15.0	9.2	30.0	24.2	3.3	7.8	0.19	24.2	6.0	18.2	10
Short - Semi Skimmed Milk	1185	283	16.9	10.3	29.7	23.9	3.3	7.7	0.19	23.9	6.0	17.9	10
Short- Whole Milk	1226	293	18.1	10.9	29.6	23.8	3.3	7.6	0.19	23.8	5.7	18.1	10
Short- Soy	1139	272	16.4	9.3	28.2	21.5	3.7	7.2	0.20	21.5	N/A	21.5	10
Short - Coconut	1149	275	15.0	6.7	31.0	25.0	3.7	4.9	0.18	25.0	N/A	25.0	10
Short - Almond	1139	271	13.5	7.2	31.4	25.4	4.1	3.9	0.10	25.5	N/A	25.5	10
Tall - Skimmed Milk	1646	393	21.3	13.0	45.7	36.9	5.1	11.9	0.29	36.9	9.0	27.8	15
Tall - Semi Skimmed Milk	1747	418	24.2	14.8	45.2	36.4	5.1	11.8	0.29	36.4	9.0	27.4	15
Tall - Whole Milk	1810	433	26.1	15.7	45.0	36.2	5.1	11.6	0.28	36.2	8.5	27.7	15
Tall - Soy	1677	401	23.5	13.2	42.9	32.8	5.7	10.9	0.31	32.8	N/A	32.8	15
Tall - Coconut	1669	399	20.0	8.9	46.0	37.0	5.7	7.3	0.29	37.0	N/A	37.0	15
Tall - Almond	1662	396	18.7	10.0	47.7	38.6	6.2	6.0	0.15	38.6	N/A	38.6	15
Grande - Skimmed Milk	2114	505	27.0	16.4	59.4	48.0	6.7	15.4	0.38	48.0	9.1	38.9	20
Grande - Semi Skimmed Milk	2245	537	30.7	18.8	58.9	47.4	6.7	15.3	0.37	47.4	11.7	35.7	20
Grande - Whole Milk	2328	556	33.5	20.0	59.0	47.0	6.7	15.1	0.37	47.0	11.0	36.0	20
Grande - Soy	2155	515	29.8	16.7	56.0	43.0	7.5	14.2	0.40	43.0	N/A	43.0	20
Grande - Coconut	2200	526	26.0	11.0	62.0	50.0	7.5	9.7	0.36	50.0	N/A	50.0	20
Grande - Almond	2130	507	23.5	12.4	62.1	50.3	8.2	7.8	0.20	50.3	N/A	50.3	20
Venti - Skimmed Milk	2611	624	32.4	19.7	75.0	61.0	8.5	19.6	0.48	61.0	14.7	46.3	25
Venti - Semi Skimmed Milk	2782	665	37.2	22.8	75.0	60.0	8.5	19.4	0.47	60.0	14.7	45.3	25
Venti - Whole Milk	2887	690	40.4	24.3	74.0	60.0	8.5	19.2	0.47	60.0	13.9	46.1	25
Venti - Soy	2665	637	36.0	20.1	71.0	54.0	9.5	18.0	0.51	54.0	N/A	54.0	25
Venti - Coconut	2692	644	31.0	13.0	78.0	63.0	9.5	12.0	0.46	63.0	N/A	63.0	25
Venti - Almond	2631	626	27.8	14.7	78.8	64.0	10.4	10.0	0.24	64.0	N/A	64.0	25
<b>CLASSIC HOT CHOCOLATE with WHIPPED CREAM</b>													
Short - Skimmed Milk	802	191	7.0	4.0	24.1	20.1	1.5	7.2	0.20	20.1	8.6	11.4	15
Short - Semi Skimmed Milk	904	215	9.7	5.7	24.1	20.1	1.5	7.2	0.20	20.1	8.6	11.4	15
Short- Whole Milk	1014	242	12.9	7.8	23.6	19.6	1.5	7.0	0.20	19.6	8.1	11.4	15
Short- Soy	840	200	10.0	4.5	20.8	16.8	2.1	5.5	0.15	16.9	N/A	16.8	15
Short - Coconut	844	201	11.7	8.5	21.4	16.8	2.1	1.5	0.24	16.9	N/A	16.8	15
Short - Almond	726	173	8.8	4.1	20.0	15.8	2.0	2.3	0.15	15.8	N/A	15.8	15
Tall - Skimmed Milk	1130	269	8.7	4.9	35.6	29.9	2.2	11.1	0.31	29.9	12.3	17.6	20
Tall - Semi Skimmed Milk	1290	307	12.9	7.5	35.6	29.9	2.2	11.1	0.31	29.9	7.4	22.4	20
Tall - Whole Milk	1462	348	17.9	11.0	34.8	29.1	2.2	10.8	0.31	29.1	7.0	22.0	20
Tall - Soy	1189	283	13.4	5.7	30.6	24.8	3.1	8.4	0.23	24.8	N/A	24.8	20
Tall - Coconut	1195	285	16.1	12.0	31.3	24.8	3.1	2.1	0.37	24.8	N/A	24.8	20
Tall - Almond	1012	241	11.6	5.2	29.2	23.3	3.0	3.4	0.23	23.3	N/A	23.3	20
Grande - Skimmed Milk	1355	323	10.0	5.7	42.7	36.2	2.5	14.1	0.41	36.2	16.9	19.3	25
Grande - Semi Skimmed Milk	1564	372	15.6	9.1	42.7	36.2	2.5	14.1	0.40	36.2	16.9	19.3	25
Grande - Whole Milk	1789	426	22.1	13.6	41.6	35.2	2.5	13.8	0.40	35.2	15.9	19.2	25
Grande - Soy	1432	341	16.3	6.7	36.1	29.6	3.7	10.7	0.30	29.6	N/A	29.6	25
Grande - Coconut	1440	343	19.7	15.0	37.2	29.6	3.7	2.4	0.48	29.6	N/A	29.6	25
Grande - Almond	1200	286	13.8	6.0	34.4	27.6	3.5	4.1	0.30	27.6	N/A	27.6	25
Venti - Skimmed Milk	1720	410	11.0	6.2	57.6	48.5	3.6	18.3	0.51	48.5	20.7	27.8	30
Venti - Semi Skimmed Milk	1985	473	18.0	10.6	57.6	48.5	3.6	18.3	0.50	48.5	20.7	27.8	30
Venti - Whole Milk	2270	540	26.3	16.3	56.3	47.2	3.6	17.9	0.50	47.2	19.5	27.7	30
Venti - Soy	1817	433	18.8	7.5	49.3	40.2	5.1	13.9	0.38	40.2	N/A	40.2	30
Venti - Coconut	1828	435	23.2	18.0	50.6	40.2	5.1	3.4	0.60	40.2	N/A	40.2	30
Venti - Almond	1523	363	15.8	6.6	47.1	37.6	4.9	5.6	0.38	37.6	N/A	37.6	30



Summer 2 2017 Starbucks Beverage  
Nutrition Information \*

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
<b>KIDS HOT CHOCOLATE with WHIPPED CREAM</b>													
Short - Skimmed Milk	802	191	7.0	4.0	24.1	20.1	1.5	7.2	0.20	20.1	8.6	11.4	15
Short - Semi Skimmed Milk	904	215	9.7	5.7	24.1	20.1	1.5	7.2	0.20	20.1	8.6	11.4	15
Short- Whole Milk	1014	242	12.9	7.8	23.6	19.6	1.5	7.0	0.20	19.6	8.1	11.4	15
Short- Soy	840	200	10.0	4.5	20.8	16.8	2.1	5.5	0.15	16.9	N/A	16.8	15
Short - Coconut	844	201	11.7	8.5	21.4	16.8	2.1	1.5	0.24	16.9	N/A	16.8	15
Short - Almond	726	173	8.8	4.1	20.0	15.8	2.0	2.3	0.15	15.8	N/A	15.8	15
<b>HOT TEA - TEAVANA</b>													
<b>Teavana Hot Teas</b>													
<b>English Breakfast Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Earl Grey Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Hibiscus Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Emperor's Clouds &amp; Mist Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Mint Citrus Green Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Mint Blend Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Youthberry Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Jasmine Pearls Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Chai Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>Chamomile Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	0.0	0.0	varies
<b>CHAI TEA LATTE</b>													
Short - Skimmed Milk	431	103	0.1	0.1	22.3	21.2	0.1	3.9	0.12	21.2	5.5	15.7	50
Short - Semi Skimmed Milk	497	119	2.0	1.3	22.0	20.9	0.1	3.8	0.12	20.9	5.5	15.4	50
Short- Whole Milk	539	129	3.3	1.9	21.9	20.7	0.1	3.7	0.12	20.7	5.2	15.5	50
Short- Soy	452	108	1.6	0.2	20.4	18.3	0.5	3.2	0.14	18.3	N/A	18.3	50
Short - Coconut	407	96	2.8	2.6	17.0	16.0	0.5	0.0	0.13	16.0	N/A	16.0	50
Short - Almond	387	92	1.4	0.1	19.1	19.0	0.3	0.6	0.10	19.0	N/A	19.0	50
Tall - Skimmed Milk	646	154	0.2	0.1	33.5	31.7	0.1	5.8	0.19	31.7	8.4	23.3	75
Tall - Semi Skimmed Milk	747	179	3.0	1.9	33.0	31.3	0.1	5.7	0.18	31.3	8.4	22.9	75
Tall - Whole Milk	810	194	5.0	2.8	32.8	31.0	0.1	5.5	0.18	31.0	7.9	23.1	75
Tall - Soy	676	162	2.4	0.3	30.5	27.4	0.7	4.7	0.20	27.4	N/A	27.4	75
Tall - Coconut	604	143	4.2	3.9	26.0	24.0	0.7	0.6	0.18	24.0	N/A	24.0	75
Tall - Almond	582	139	2.1	0.2	28.7	28.5	0.5	0.9	0.15	28.6	N/A	28.5	75
Grande - Skimmed Milk	854	204	0.2	0.1	44.4	42.0	0.2	7.5	0.24	42.0	8.4	33.6	100
Grande - Semi Skimmed Milk	986	236	4.0	2.5	43.8	41.5	0.2	7.4	0.24	41.5	11.0	30.5	100
Grande - Whole Milk	1068	255	6.5	3.7	43.5	41.2	0.2	7.2	0.23	41.2	10.3	30.9	100
Grande - Soy	893	213	3.2	0.4	40.5	36.4	1.0	6.2	0.26	36.4	N/A	36.4	100
Grande - Coconut	814	192	5.5	5.1	35.0	33.0	1.0	0.8	0.24	33.0	N/A	33.0	100
Grande - Almond	771	183	2.8	0.2	38.2	37.9	0.7	1.2	0.20	37.9	N/A	37.9	100
Venti - Skimmed Milk	1072	256	0.3	0.2	55.6	52.7	0.2	9.5	0.31	52.7	14.0	38.7	120
Venti - Semi Skimmed Milk	1241	297	5.0	3.2	54.9	52.0	0.2	9.3	0.30	52.0	14.0	38.0	120
Venti - Whole Milk	1346	322	8.3	4.7	54.5	51.6	0.2	9.1	0.29	51.6	13.2	38.4	120
Venti - Soy	1122	268	4.0	0.5	50.7	45.6	1.2	7.8	0.33	45.6	N/A	45.6	120
Venti - Coconut	1009	239	6.9	6.4	43.0	40.0	1.2	0.9	0.30	40.0	N/A	40.0	120
Venti - Almond	966	230	3.5	0.3	47.8	47.5	0.9	1.5	0.25	47.5	N/A	47.5	120
<b>GREEN TEA LATTE</b>													
Short - Skimmed Milk	348	83	0.2	0.0	14.4	13.8	0.0	5.7	0.19	13.8	8.5	5.3	30
Short - Semi Skimmed Milk	450	107	2.9	1.7	14.4	13.8	0.0	5.7	0.18	13.8	8.5	5.3	30
Short- Whole Milk	560	133	6.1	3.9	13.9	13.3	0.0	5.6	0.18	13.3	7.9	5.3	30
Short- Soy	385	92	3.3	0.5	11.2	10.6	0.6	4.1	0.14	10.6	5.2	10.6	30
Short - Coconut	389	93	5.0	4.6	11.7	10.6	0.6	0.0	0.22	10.6	N/A	10.6	30
Short - Almond	272	65	2.1	0.2	10.4	9.6	0.5	0.8	0.14	9.6	N/A	9.6	30



**Summer 2 2017 Starbucks Beverage Nutrition Information \***

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
Tall - Skimmed Milk	597	142	0.4	0.0	25.5	24.2	0.0	9.2	0.30	24.2	N/A	10.7	55
Tall - Semi Skimmed Milk	760	181	4.7	2.7	25.5	24.2	0.0	9.2	0.30	24.2	13.5	10.7	55
Tall - Whole Milk	936	223	9.8	6.2	24.7	23.4	0.0	8.9	0.30	23.4	12.7	10.7	55
Tall - Soy	656	156	5.2	0.8	20.3	19.0	0.9	6.5	0.22	19.0	N/A	19.0	55
Tall - Coconut	663	158	7.9	7.3	21.1	19.0	0.9	0.0	0.36	19.0	N/A	19.0	55
Tall - Almond	475	113	3.4	0.3	19.0	17.4	0.8	1.4	0.22	17.4	N/A	17.4	55
Grande - Skimmed Milk	798	190	0.5	0.0	34.8	32.9	0.0	11.5	0.38	32.9	16.9	16.0	80
Grande - Semi Skimmed Milk	1002	239	5.9	3.4	34.8	32.9	0.0	11.5	0.37	32.9	16.9	16.0	80
Grande - Whole Milk	1222	291	12.3	7.8	33.8	31.9	0.0	11.2	0.37	31.9	15.9	16.0	80
Grande - Soy	873	208	6.6	1.0	28.4	26.5	1.1	8.1	0.28	26.5	N/A	26.5	80
Grande - Coconut	881	210	10.0	9.1	29.4	26.5	1.1	0.0	0.45	26.5	N/A	26.5	80
Grande - Almond	646	154	4.2	0.3	26.7	24.4	1.0	1.7	0.28	24.4	N/A	24.4	80
Venti - Skimmed Milk	1056	251	0.7	0.0	46.2	43.6	0.0	15.1	0.50	43.6	22.3	21.3	110
Venti - Semi Skimmed Milk	1325	315	7.8	4.5	46.2	43.6	0.0	15.1	0.49	43.6	22.3	21.3	110
Venti - Whole Milk	1614	384	16.3	10.2	44.8	42.2	0.0	14.7	0.49	42.2	20.9	21.3	110
Venti - Soy	1154	275	8.7	1.3	37.7	35.1	1.5	10.7	0.36	35.1	N/A	35.1	110
Venti - Coconut	1165	277	13.1	12.0	39.1	35.1	1.5	0.0	0.59	35.1	N/A	35.1	110
Venti - Almond	856	204	5.6	0.4	35.5	32.4	1.3	2.2	0.36	32.5	N/A	32.5	110

**MILK & ADD-INS**

<b>STEAMED MILK</b>													
Short - Skimmed Milk	265	63	0.2	0.0	9.2	9.2	0.0	6.2	0.20	9.2	9.2	0.0	0
Short - Semi Skimmed Milk	376	89	3.1	1.8	9.2	9.2	0.0	6.2	0.20	9.2	9.2	0.0	0
Short - Whole Milk	495	118	6.6	4.2	8.6	8.6	0.0	6.0	0.20	8.6	8.6	0.0	0
Short - Soy	306	73	3.5	0.5	5.7	5.7	0.6	4.4	0.15	5.7	N/A	5.7	0
Short - Coconut	310	74	5.3	4.9	6.2	5.7	0.6	0.0	0.24	5.7	N/A	5.7	0
Short - Almond	183	44	2.2	0.2	4.8	4.6	0.5	0.9	0.15	4.6	N/A	4.6	0
Tall - Skimmed Milk	413	98	0.3	0.0	14.3	14.3	0.0	9.7	0.32	14.3	14.3	0.0	0
Tall - Semi Skimmed Milk	585	139	4.8	2.9	14.3	14.3	0.0	9.7	0.31	14.3	14.3	0.0	0
Tall - Whole Milk	771	184	10.3	6.6	13.4	13.4	0.0	9.4	0.31	13.4	13.4	0.0	0
Tall - Soy	476	113	5.4	0.9	8.8	8.8	1.0	6.8	0.23	8.8	N/A	8.8	0
Tall - Coconut	483	115	8.3	7.7	9.7	8.8	1.0	0.0	0.38	8.8	N/A	8.8	0
Tall - Almond	285	68	3.4	0.3	7.4	7.1	0.9	1.4	0.23	7.1	N/A	7.1	0
Grande - Skimmed Milk	540	129	0.4	0.0	18.7	18.7	0.0	12.7	0.42	18.7	18.7	0.0	0
Grande - Semi Skimmed Milk	766	182	6.3	3.7	18.7	18.7	0.0	12.7	0.41	18.7	18.7	0.0	0
Grande - Whole Milk	1009	240	13.4	8.6	17.5	17.5	0.0	12.3	0.41	17.5	17.5	0.0	0
Grande - Soy	623	148	7.1	1.1	11.6	11.6	1.3	9.0	0.30	11.6	N/A	11.6	0
Grande - Coconut	633	151	10.8	10.1	12.7	11.6	1.3	0.0	0.49	11.6	N/A	11.6	0
Grande - Almond	373	89	4.5	0.4	9.7	9.3	1.1	1.9	0.30	9.3	N/A	9.3	0
Venti - Skimmed Milk	685	163	0.5	0.0	23.7	23.7	0.0	16.1	0.53	23.7	23.7	0.0	0
Venti - Semi Skimmed Milk	971	231	8.0	4.7	23.7	23.7	0.0	16.1	0.52	23.7	23.7	0.0	0
Venti - Whole Milk	1279	305	17.0	10.9	22.2	22.2	0.0	15.6	0.52	22.2	22.2	0.0	0
Venti - Soy	790	188	9.0	1.4	14.7	14.7	1.6	11.4	0.38	14.7	N/A	14.7	0
Venti - Coconut	802	191	13.7	12.8	16.1	14.7	1.6	0.0	0.62	14.7	N/A	14.7	0
Venti - Almond	473	113	5.7	0.5	12.3	11.8	1.4	2.4	0.38	11.8	N/A	11.8	0

**ADD-INS WHIPPED CREAM TOPPING (No Sprinkles or Drizzle)**

HOT Short Beverage - 16 g	218	52	5.1	3.2	1.0	1.0	0.0	0.3	0.01	1.0	0.5	0.5	0
HOT Tall Beverage - 19g	259	62	6.1	3.8	2.0	1.0	0.0	0.3	0.02	1.0	0.6	0.4	0
HOT Grande/Venti Beverage - 22g	301	72	7.0	4.4	2.0	2.0	0.0	0.4	0.02	2.0	0.7	1.3	0
COLD Tall Beverage - 25 g	339	81	8.0	5.0	2.0	2.0	0.0	0.4	0.02	2.0	0.7	1.3	0
COLD Grande Beverage - 35 g	477	114	11.2	7.0	3.0	2.0	0.0	0.6	0.03	2.0	1.0	1.0	0
COLD Venti Beverage - 32g	435	104	10.2	6.4	3.0	2.0	0.0	0.6	0.03	2.0	1.0	1.0	0

**FLAVOURED SYRUP**

1 Pump - 1/4 fl oz - 10 g	84	20	0.0	0.0	5.0	4.9	0.0	0.0	0.00	4.9	N/A	4.9	0
2 Pumps - 1/2 fl oz - 20 g	169	40	0.0	0.0	10.1	9.7	0.0	0.0	0.00	9.7	N/A	9.7	0
3 Pumps - 3/4 fl oz - 30 g	253	60	0.0	0.0	15.1	14.6	0.0	0.0	0.00	14.6	N/A	14.6	0
4 Pumps - 1 fl oz - 40 g	337	81	0.0	0.0	20.1	19.5	0.0	0.0	0.00	19.5	N/A	19.5	0

**FLAVOURED SUGAR FREE SYRUP**

1 Pump - 1/4 fl oz - 10 g	3	1	0.0	0.0	0.1	0.0	0.0	0.0	0.01	0.0	N/A	0.0	0
2 Pumps - 1/2 fl oz - 20 g	5	1	0.0	0.0	0.3	0.0	0.0	0.0	0.01	0.0	N/A	0.0	0
3 Pumps - 3/4 fl oz - 30 g	8	2	0.0	0.0	0.4	0.0	0.1	0.0	0.02	0.0	N/A	0.0	0
4 Pumps - 1 fl oz - 40 g	11	2	0.0	0.0	0.6	0.0	0.1	0.0	0.02	0.0	N/A	0.0	0

**BAR MOCHA SYRUP**

1 Pump - 1/2 fl oz - 17 g	111	26	0.6	0.1	6.4	4.8	1.0	0.6	0.00	4.8	N/A	4.8	6
2 Pumps - 1 fl oz - 34 g	222	53	1.1	0.2	12.8	9.6	2.0	1.3	0.00	9.6	N/A	9.6	15
3 Pumps - 1 1/2 fl oz - 51 g	332	79	1.7	0.3	19.1	14.4	3.0	1.9	0.00	14.4	N/A	14.4	20
4 Pumps - 2 fl oz - 68 g	443	106	2.3	0.4	25.5	19.2	3.9	2.5	0.01	19.2	N/A	19.2	25
5 Pumps - 2 1/2 fl oz - 85 g	554	132	2.8	0.5	31.9	23.9	4.9	3.1	0.01	23.9	N/A	23.9	30

**TOPPINGS**

Chocolate - 4 g	25	6	0.1	0.0	1.5	1.0	0.1	0.1	0.00	1.0	Trace	1.0	2
Caramel - 4 g	62	15	0.6	0.3	2.5	2.1	0.0	0.0	0.01	2.1	Trace	2.1	0
Sprinkles - 1 g	16	4	0.0	0.0	1.0	0.9	0.0	0.0	0.01	0.9	Trace	0.9	0

**COLD BEVERAGES**

**ICED COFFEE**

<b>ICED CAFFE LATTE</b>													
Tall - Skimmed Milk	235	56	0.2	0.0	8.6	7.4	0.0	5.0	0.00	7.4	7.4	0.0	87
Tall - Semi Skimmed Milk	324	77	2.5	1.5	8.6	7.4	0.0	5.0	0.00	7.4	7.4	0.0	87
Tall - Whole Milk	421	100	5.4	3.4	8.1	7.0	0.0	5.0	0.00	7.0	7.0	0.0	87
Tall - Soy	267	64	2.8	0.4	5.7	4.6	1.0	4.0	0.00	4.6	N/A	4.6	87
Tall - Coconut	271	65	4.3	4.0	6.2	4.6	1.0	0.0	0.00	4.6	N/A	4.6	87
Tall - Almond	238	57	2.4	0.2	7.5	5.0	0.6	1.0	0.16	5.0	N/A	5.0	150





**Summer 2 2017 Starbucks Beverage  
Nutrition Information \***

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
Grande - Skimmed Milk	264	63	0.1	0.1	9.5	7.5	0.0	5.8	0.17	7.5	7.5	0.0	150
Grande - Semi Skimmed Milk	365	87	3.0	1.5	9.3	7.3	0.0	5.7	0.19	7.3	7.3	0.0	150
Grande - Whole Milk	435	104	4.9	2.8	9.3	7.3	0.0	5.5	0.18	7.3	7.3	0.0	150
Grande - Soy	296	71	2.4	0.3	6.7	3.6	0.6	4.9	0.16	3.6	N/A	3.6	150
Grande - Coconut	329	78	5.3	4.9	7.3	5.7	1.0	0.0	0.00	5.7	N/A	5.7	150
Grande - Almond	307	73	3.0	0.3	9.9	6.3	0.8	1.3	0.21	6.3	N/A	6.3	150
Venti - Skimmed Milk	375	90	0.2	0.1	13.4	11.4	0.0	8.5	0.25	11.4	11.4	0.0	150
Venti - Semi Skimmed Milk	529	126	4.5	2.9	12.7	10.8	0.0	8.3	0.25	10.8	10.8	0.0	150
Venti - Whole Milk	625	149	7.5	4.3	12.4	10.4	0.0	8.1	0.24	10.4	10.4	0.0	150
Venti - Soy	437	104	3.6	0.5	9.5	5.5	0.9	7.3	0.29	5.5	N/A	5.5	150
Venti - Coconut	428	102	6.7	6.2	10.1	7.1	1.0	0.0	0.00	7.1	N/A	7.1	174
Venti - Almond	376	90	3.6	0.3	12.4	7.5	0.9	1.5	0.25	7.5	N/A	7.5	174
<b>ICED CAPPUCCINO</b>													
Tall - Skimmed Milk	235	56	0.2	0.0	8.6	7.4	0.0	5.0	0.00	7.4	7.4	0.0	87
Tall - Semi Skimmed Milk	324	77	2.5	1.5	8.6	7.4	0.0	5.0	0.00	7.4	7.4	0.0	87
Tall - Whole Milk	421	100	5.4	3.4	8.1	7.0	0.0	5.0	0.00	7.0	7.0	0.0	87
Tall - Soy	267	64	2.8	0.4	5.7	4.6	1.0	4.0	0.00	4.6	N/A	4.6	87
Tall - Coconut	271	65	4.3	4.0	6.2	4.6	1.0	0.0	0.00	4.6	N/A	4.6	87
Tall - Almond	202	48	2.2	0.2	5.9	4.6	0.5	0.9	0.15	4.6	N/A	4.6	150
Grande - Skimmed Milk	284	68	0.1	0.1	10.2	8.2	0.0	6.3	0.18	8.2	8.2	0.0	150
Grande - Semi Skimmed Milk	395	94	3.3	1.7	10.0	8.0	0.0	6.2	0.20	8.0	8.0	0.0	150
Grande - Whole Milk	471	113	5.4	3.1	10.0	8.0	0.0	6.0	0.18	8.0	8.0	0.0	150
Grande - Soy	296	71	2.4	0.3	6.7	3.6	0.6	4.9	0.16	3.6	N/A	3.6	150
Grande - Coconut	289	70	4.3	4.0	7.1	4.5	0.6	0.0	0.18	4.5	N/A	4.5	150
Grande - Almond	268	64	2.8	0.2	8.3	5.7	0.7	1.1	0.19	5.7	N/A	5.7	150
Venti - Skimmed Milk	424	101	0.2	0.1	15.3	12.3	0.0	9.4	0.26	12.3	12.3	0.0	225
Venti - Semi Skimmed Milk	590	141	4.9	2.5	14.9	11.9	0.0	9.3	0.29	11.9	11.9	0.0	225
Venti - Whole Milk	705	168	8.1	4.6	14.9	11.9	0.0	8.9	0.27	11.9	11.9	0.0	225
Venti - Soy	485	116	3.9	0.5	10.9	5.9	1.0	8.0	0.24	5.9	N/A	5.9	225
Venti - Coconut	466	113	6.8	6.4	11.0	7.3	1.0	0.8	0.26	7.3	N/A	7.3	225
Venti - Almond	299	71	3.1	0.3	9.1	6.5	0.8	1.3	0.21	6.5	N/A	6.5	225
<b>COLD BREW</b>													
10 oz	2	0	0.0	0.0	0.0	0.0	0.0	0.1	0.00	0.0	0.0	0.0	91
Tall	3	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	0.0	0.0	0.0	148
Grande	4	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	0.0	0.0	0.0	207
Venti	5	1	0.0	0.0	0.0	0.0	0.0	0.2	0.00	0.0	0.0	0.0	266
<b>ICED CAFFE AMERICANO</b>													
Tall	48	11	0.0	0.0	2.0	0.0	0.0	0.7	0.02	0.0	0.0	0.0	150
Grande	72	17	0.0	0.0	3.0	0.0	0.0	1.1	0.02	0.0	0.0	0.0	225
Venti	97	23	0.0	0.0	4.0	0.0	0.0	1.4	0.03	0.0	0.0	0.0	300
<b>ICED CAFFE MOCHA with WHIPPED CREAM</b>													
Tall - Skimmed Milk	1028	245	10.6	6.0	29.7	23.0	2.1	6.6	0.18	23.0	7.5	15.5	170
Tall - Semi Skimmed Milk	1111	265	12.8	7.4	29.7	23.0	2.1	6.6	0.17	23.0	7.5	15.5	170
Tall - Whole Milk	1200	286	15.4	9.2	29.3	22.6	2.1	6.5	0.17	22.6	7.1	15.5	170
Tall - Soy	1059	252	13.0	6.5	27.1	20.4	2.6	5.3	0.13	20.4	N/A	20.4	170
Tall - Coconut	1062	253	14.4	9.7	27.5	20.4	2.6	2.0	0.20	20.4	N/A	20.4	170
Tall - Almond	967	230	12.1	6.2	26.4	19.6	2.5	2.7	0.13	19.6	N/A	19.6	175
Grande - Skimmed Milk	1389	331	14.7	8.4	39.8	30.1	2.8	8.4	0.22	30.1	9.4	20.6	175
Grande - Semi Skimmed Milk	1491	355	17.4	10.1	39.8	30.1	2.8	8.4	0.22	30.1	9.4	20.6	175
Grande - Whole Milk	1600	381	20.6	12.3	39.3	29.6	2.8	8.2	0.22	29.6	8.9	20.6	175
Grande - Soy	1426	340	17.7	8.9	36.6	26.9	3.4	6.7	0.17	26.9	N/A	26.9	175
Grande - Coconut	1431	341	19.4	12.9	37.2	26.9	3.4	2.7	0.26	26.9	N/A	26.9	255
Grande - Almond	1314	313	16.5	8.6	35.8	25.9	3.3	3.5	0.17	25.9	N/A	25.9	255
Venti - Skimmed Milk	1559	371	15.2	8.7	47.2	35.7	3.5	9.6	0.24	35.8	10.2	25.6	255
Venti - Semi Skimmed Milk	1670	398	18.2	10.6	47.2	35.7	3.5	9.6	0.24	35.8	10.2	25.6	255
Venti - Whole Milk	1790	426	21.7	13.0	46.6	35.2	3.5	9.4	0.24	35.2	9.6	25.6	255
Venti - Soy	1599	381	18.5	9.3	43.7	32.3	4.1	7.8	0.18	32.3	N/A	32.3	255
Venti - Coconut	1604	382	20.4	13.7	44.2	32.3	4.1	3.3	0.28	32.3	N/A	32.3	255
Venti - Almond	1476	351	17.3	8.9	42.8	31.1	4.0	4.3	0.18	31.2	N/A	31.1	255
<b>ICED CARAMEL MACCHIATO</b>													
Tall - Skimmed Milk	598	142	1.4	0.7	25.7	23.8	0.0	6.7	0.27	23.8	9.9	13.9	150
Tall - Semi Skimmed Milk	718	171	4.6	2.7	25.7	23.8	0.0	6.7	0.27	23.8	9.9	13.9	150
Tall - Whole Milk	847	202	8.3	5.3	25.1	23.2	0.0	6.5	0.27	23.2	9.3	13.9	150
Tall - Soy	642	153	5.0	1.3	21.9	20.1	0.7	4.7	0.21	20.1	N/A	20.1	150
Tall - Coconut	647	154	7.0	6.1	22.5	20.1	0.7	0.0	0.31	20.1	N/A	20.1	150
Tall - Almond	509	121	3.6	0.9	20.9	18.9	0.6	1.0	0.21	18.9	N/A	18.9	150
Grande - Skimmed Milk	803	191	1.5	0.7	35.3	32.2	0.0	9.1	0.35	32.2	13.4	18.7	150
Grande - Semi Skimmed Milk	965	230	5.8	3.4	35.3	32.2	0.0	9.1	0.35	32.2	13.4	18.7	150
Grande - Whole Milk	1140	271	10.9	6.9	34.5	31.3	0.0	8.8	0.35	31.4	12.6	18.7	150
Grande - Soy	862	205	6.3	1.5	30.2	27.1	0.9	6.4	0.27	27.1	N/A	27.1	150
Grande - Coconut	869	207	9.0	8.0	31.0	27.1	0.9	0.0	0.41	27.1	N/A	27.1	150
Grande - Almond	682	162	4.4	1.0	28.9	25.4	0.8	1.3	0.27	25.5	N/A	25.4	150
Venti - Skimmed Milk	921	219	1.5	0.7	41.5	38.1	0.0	9.9	0.38	38.1	14.6	23.6	225
Venti - Semi Skimmed Milk	1097	261	6.2	3.6	41.5	38.1	0.0	9.9	0.37	38.1	14.6	23.6	225
Venti - Whole Milk	1287	306	11.7	7.4	40.6	37.3	0.0	9.6	0.37	37.3	13.7	23.6	225
Venti - Soy	985	235	6.8	1.6	35.9	32.6	1.0	7.0	0.29	32.6	N/A	32.6	225
Venti - Coconut	993	236	9.7	8.6	36.8	32.6	1.0	0.0	0.44	32.6	N/A	32.6	225
Venti - Almond	789	188	4.7	1.0	34.5	30.8	0.9	1.5	0.29	30.8	N/A	30.8	225



**Summer 2 2017 Starbucks Beverage Nutrition Information \***

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
<b>ICED CHAI TEA LATTE</b>													
Tall - Skimmed Milk	649	154	0.2	0.0	32.5	32.5	0.0	5.7	0.20	32.5	9.9	22.6	75
Tall - Semi Skimmed Milk	750	179	2.9	1.7	32.5	32.5	0.0	5.7	0.19	32.5	9.9	22.6	75
Tall - Whole Milk	859	205	6.0	3.9	32.0	32.0	0.0	5.5	0.19	32.0	9.3	22.7	75
Tall - Soy	686	163	3.2	0.5	29.3	29.3	0.6	4.0	0.15	29.3	N/A	29.3	75
Tall - Coconut	690	164	4.9	4.5	29.8	29.3	0.6	0.0	0.23	29.3	N/A	29.3	75
Tall - Almond	573	136	2.0	0.2	28.5	28.3	0.5	0.8	0.15	28.3	N/A	28.3	75
Grande - Skimmed Milk	858	204	0.2	0.0	43.1	43.1	0.0	7.5	0.26	43.1	13.4	29.7	100
Grande - Semi Skimmed Milk	991	236	3.7	2.2	43.1	43.1	0.0	7.5	0.25	43.1	13.4	29.7	100
Grande - Whole Milk	1133	270	7.9	5.0	42.5	42.5	0.0	7.2	0.25	42.5	12.6	29.9	100
Grande - Soy	907	216	4.2	0.7	39.0	39.0	0.7	5.3	0.19	39.0	N/A	39.0	100
Grande - Coconut	912	217	6.4	5.9	39.6	39.0	0.7	0.0	0.30	39.0	N/A	39.0	100
Grande - Almond	760	181	2.6	0.2	37.9	37.7	0.7	1.1	0.19	37.7	N/A	37.7	100
Venti - Skimmed Milk	1081	257	0.3	0.0	54.2	54.2	0.0	9.5	0.33	54.2	14.6	39.6	120
Venti - Semi Skimmed Milk	1250	298	4.8	2.8	54.2	54.2	0.0	9.5	0.32	54.2	14.6	39.6	120
Venti - Whole Milk	1433	341	10.1	6.4	53.4	53.4	0.0	9.2	0.32	53.4	13.7	39.7	120
Venti - Soy	1143	272	5.3	0.8	48.9	48.9	0.9	6.7	0.24	48.9	N/A	48.9	120
Venti - Coconut	1150	274	8.1	7.6	49.7	48.9	0.9	0.0	0.38	48.9	N/A	48.9	120
Venti - Almond	955	227	3.4	0.3	47.5	47.2	0.8	1.4	0.24	47.2	N/A	47.2	120
<b>FRAPPUCCINO® BLENDED BEVERAGES - COFFEE</b>													
<b>COFFEE FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	496	118	0.1	0.0	27.2	26.0	0.0	2.2	0.32	26.0	3.2	22.8	58
Mini - Semi Skimmed Milk	535	127	1.1	0.6	27.2	26.0	0.0	2.2	0.32	26.0	3.2	22.8	58
Mini - Whole Milk	576	137	2.3	1.5	27.0	25.8	0.0	2.1	0.32	25.8	3.0	22.8	58
Mini - Soy	510	121	1.2	0.2	26.0	24.8	0.3	1.5	0.30	24.8	N/A	24.8	58
Mini - Coconut	512	122	1.9	1.7	26.2	24.8	0.3	0.0	0.34	24.8	N/A	24.8	58
Mini - Almond	467	111	0.8	0.1	25.6	24.4	0.2	0.3	0.30	24.4	N/A	24.4	58
Tall - Skimmed Milk	613	146	0.1	0.0	33.6	32.1	0.0	2.7	0.40	32.1	4.0	28.1	73
Tall - Semi Skimmed Milk	661	157	1.4	0.8	33.6	32.1	0.0	2.7	0.40	32.1	4.0	28.1	73
Tall - Whole Milk	713	170	2.9	1.8	33.3	31.8	0.0	2.6	0.40	31.8	3.8	28.1	73
Tall - Soy	631	150	1.5	0.2	32.0	30.6	0.3	1.9	0.37	30.6	N/A	30.6	73
Tall - Coconut	633	151	2.3	2.2	32.3	30.6	0.3	0.0	0.41	30.6	N/A	30.6	73
Tall - Almond	577	137	1.0	0.1	31.6	30.1	0.3	0.4	0.37	30.1	N/A	30.1	73
Grande - Skimmed Milk	844	201	0.1	0.0	46.7	44.6	0.1	3.3	0.55	44.6	4.9	39.7	104
Grande - Semi Skimmed Milk	903	215	1.6	1.0	46.7	44.6	0.1	3.3	0.54	44.6	4.9	39.7	104
Grande - Whole Milk	966	230	3.5	2.2	46.4	44.3	0.1	3.2	0.54	44.3	4.6	39.7	104
Grande - Soy	866	206	1.8	0.3	44.9	42.7	0.4	2.3	0.52	42.7	N/A	42.7	104
Grande - Coconut	868	207	2.8	2.6	45.2	42.7	0.4	0.0	0.57	42.7	N/A	42.7	104
Grande - Almond	801	191	1.2	0.1	44.4	42.2	0.4	0.5	0.52	42.2	N/A	42.2	104
<b>MOCHA FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	903	215	7.6	4.3	33.8	30.8	0.6	2.7	0.34	30.8	3.8	27.0	59
Mini - Semi Skimmed Milk	941	224	8.6	4.9	33.8	30.8	0.6	2.7	0.34	30.8	3.8	27.0	59
Mini - Whole Milk	983	234	9.8	5.7	33.6	30.6	0.6	2.6	0.34	30.6	3.6	27.0	59
Mini - Soy	917	218	8.7	4.5	32.5	29.6	0.8	2.1	0.32	29.6	N/A	29.6	59
Mini - Coconut	918	219	9.3	6.0	32.7	29.6	0.8	0.5	0.35	29.6	N/A	29.6	59
Mini - Almond	874	208	8.3	4.3	32.2	29.2	0.8	0.8	0.32	29.2	N/A	29.2	59
Tall - Skimmed Milk	1119	267	9.4	5.3	41.7	38.0	0.7	3.4	0.42	38.0	4.7	33.3	74
Tall - Semi Skimmed Milk	1168	278	10.7	6.1	41.7	38.0	0.7	3.4	0.42	38.0	4.7	33.3	74
Tall - Whole Milk	1220	290	12.2	7.2	41.4	37.8	0.7	3.3	0.42	37.8	4.5	33.3	74
Tall - Soy	1137	271	10.9	5.6	40.2	36.5	1.0	2.6	0.40	36.5	N/A	36.5	74
Tall - Coconut	1139	271	11.7	7.5	40.4	36.5	1.0	0.7	0.44	36.5	N/A	36.5	74
Tall - Almond	1083	258	10.3	5.4	39.8	36.0	0.9	1.1	0.40	36.0	N/A	36.0	74
Grande - Skimmed Milk	1558	371	13.2	7.5	58.3	53.1	1.0	4.2	0.58	53.1	5.9	47.2	107
Grande - Semi Skimmed Milk	1617	385	14.8	8.4	58.3	53.1	1.0	4.2	0.57	53.1	5.9	47.2	107
Grande - Whole Milk	1680	400	16.6	9.7	58.0	52.8	1.0	4.1	0.57	52.8	5.6	47.2	107
Grande - Soy	1580	376	15.0	7.8	56.5	51.2	1.3	3.3	0.55	51.2	N/A	51.2	107
Grande - Coconut	1582	377	15.9	10.1	56.8	51.2	1.3	0.9	0.59	51.2	N/A	51.2	107
Grande - Almond	1515	361	14.3	7.6	56.0	50.6	1.3	1.4	0.55	50.7	N/A	50.6	107
<b>ESPRESSO FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	406	97	0.1	0.0	22.2	20.6	0.0	1.8	0.26	20.6	2.6	18.0	85
Mini - Semi Skimmed Milk	437	104	0.9	0.5	22.2	20.6	0.0	1.8	0.26	20.6	2.6	18.0	85
Mini - Whole Milk	471	112	1.9	1.2	22.1	20.5	0.0	1.7	0.26	20.5	2.4	18.0	85
Mini - Soy	417	99	1.0	0.2	21.3	19.6	0.2	1.2	0.24	19.6	0.0	19.6	85
Mini - Coconut	419	100	1.5	1.4	21.4	19.6	0.2	0.0	0.27	19.6	0.0	19.6	85
Mini - Almond	382	91	0.6	0.1	21.0	19.3	0.2	0.3	0.24	19.3	0.0	19.3	85
Tall - Skimmed Milk	509	121	0.0	0.0	28.6	27.2	0.0	1.6	0.33	27.2	4.7	22.5	125
Tall - Semi Skimmed Milk	537	128	0.8	0.5	28.6	27.2	0.0	1.6	0.32	27.2	4.7	22.5	125
Tall - Whole Milk	567	135	1.7	1.1	28.5	27.1	0.0	1.5	0.32	27.1	4.5	22.6	125
Tall - Soy	519	124	0.9	0.1	27.8	26.3	0.2	1.1	0.31	26.3	N/A	26.3	125
Tall - Coconut	521	124	1.3	1.2	27.9	26.3	0.2	0.0	0.34	26.3	N/A	26.3	125
Tall - Almond	489	116	0.6	0.0	27.5	26.0	0.2	0.2	0.31	26.1	N/A	26.0	125
Grande - Skimmed Milk	763	182	0.1	0.0	43.0	40.9	0.1	2.2	0.49	40.9	5.9	35.1	155
Grande - Semi Skimmed Milk	803	191	1.1	0.7	43.0	40.9	0.1	2.2	0.49	40.9	5.9	35.1	155
Grande - Whole Milk	846	201	2.4	1.5	42.8	40.7	0.1	2.2	0.49	40.7	5.6	35.2	155
Grande - Soy	778	185	1.3	0.2	41.7	39.7	0.3	1.6	0.47	39.7	N/A	39.7	155
Grande - Coconut	779	186	1.9	1.8	41.9	39.7	0.3	0.0	0.50	39.7	N/A	39.7	155
Grande - Almond	734	175	0.8	0.1	41.4	39.3	0.3	0.3	0.47	39.3	N/A	39.3	155



**Summer 2 2017 Starbucks Beverage Nutrition Information \***

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
<b>JAVA CHIP FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	951	226	9.5	4.3	32.5	29.5	0.6	2.4	0.31	29.5	3.1	26.4	42
Mini - Semi Skimmed Milk	982	234	10.4	4.8	32.5	29.5	0.6	2.4	0.31	29.5	3.1	26.4	42
Mini - Whole Milk	1016	242	11.3	5.5	32.3	29.4	0.6	2.3	0.31	29.4	3.0	26.4	42
Mini - Soy	962	229	10.5	4.5	31.5	28.5	0.8	1.9	0.30	28.5	0.5	28.0	42
Mini - Coconut	964	229	11.0	5.7	31.7	28.5	0.8	0.6	0.32	28.5	0.5	28.0	42
Mini - Almond	928	221	10.1	4.4	31.2	28.2	0.8	0.9	0.30	28.2	0.5	27.7	42
Tall - Skimmed Milk	1301	310	12.4	5.4	45.9	41.2	0.8	3.3	0.46	41.2	3.8	37.5	71
Tall - Semi Skimmed Milk	1346	320	13.6	6.1	45.9	41.2	0.8	3.3	0.45	41.2	3.8	37.5	71
Tall - Whole Milk	1395	332	15.0	7.1	45.7	41.0	0.8	3.2	0.45	41.0	3.6	37.5	71
Tall - Soy	1317	314	13.7	5.6	44.5	39.8	1.0	2.5	0.43	39.8	N/A	39.8	71
Tall - Coconut	1319	314	14.5	7.4	44.7	39.8	1.0	0.7	0.47	39.8	N/A	39.8	71
Tall - Almond	1076	256	10.3	5.5	39.1	35.1	1.0	1.1	0.37	35.2	N/A	35.1	71
Grande - Skimmed Milk	1803	429	17.1	7.5	64.1	57.5	1.1	4.1	0.62	57.5	4.1	53.4	101
Grande - Semi Skimmed Milk	1858	442	18.6	8.4	64.1	57.5	1.1	4.1	0.62	57.5	4.8	52.7	101
Grande - Whole Milk	1918	457	20.3	9.6	63.8	57.2	1.1	4.0	0.62	57.2	4.5	52.7	101
Grande - Soy	1824	434	18.8	7.8	62.4	55.8	1.4	3.2	0.60	55.8	N/A	55.8	101
Grande - Coconut	1826	435	19.7	10.0	62.6	55.8	1.4	1.0	0.64	55.8	N/A	55.8	101
Grande - Almond	1488	354	14.3	7.6	54.3	48.9	1.3	1.5	0.52	48.9	N/A	48.9	101
<b>CARAMEL FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	1039	247	7.5	4.2	42.8	40.4	0.0	2.0	0.36	40.4	3.2	37.2	75
Mini - Semi Skimmed Milk	1077	256	8.5	4.8	42.8	40.4	0.0	2.0	0.36	40.4	3.2	37.2	75
Mini - Whole Milk	1119	266	9.7	5.7	42.6	40.2	0.0	2.0	0.36	40.2	3.0	37.2	75
Mini - Soy	1053	250	8.6	4.4	41.6	39.2	0.0	2.0	0.34	39.2	N/A	39.2	75
Mini - Coconut	1054	251	9.3	5.9	41.8	39.2	0.0	0.0	0.32	39.2	N/A	39.2	75
Mini - Almond	975	218	8.5	4.5	34.9	32.7	0.2	0.3	0.35	32.7	N/A	32.7	58
Tall - Skimmed Milk	1098	262	8.7	5.4	43.1	41.1	0.1	3.3	0.42	41.1	5.0	36.1	65
Tall - Semi Skimmed Milk	1151	275	10.2	6.4	42.9	40.9	0.1	3.3	0.42	40.9	5.0	35.9	65
Tall - Whole Milk	1184	280	11.2	6.8	42.8	40.7	0.1	3.2	0.42	40.7	4.7	36.0	65
Tall - Soy	1118	267	9.9	5.5	41.7	39.1	0.4	2.9	0.41	39.1	N/A	39.1	65
Tall - Coconut	1169	278	10.2	7.9	44.9	42.2	0.1	0.7	0.35	42.2	N/A	42.2	65
Tall - Almond	1149	274	10.6	5.6	44.0	41.2	0.3	0.4	0.46	41.2	N/A	41.2	73
Grande - Skimmed Milk	1500	358	11.9	7.4	59.2	56.4	0.1	4.2	0.58	56.4	5.3	51.1	95
Grande - Semi Skimmed Milk	1564	374	13.7	8.6	58.9	56.2	0.1	4.1	0.57	56.2	6.5	49.7	95
Grande - Whole Milk	1604	379	15.0	9.2	58.8	56.0	0.1	4.0	0.57	56.0	6.2	56.0	95
Grande - Soy	1524	364	13.4	7.6	57.5	53.9	0.5	3.6	0.57	53.9	N/A	53.9	95
Grande - Coconut	1567	373	11.7	9.1	64.8	61.0	0.1	0.9	0.51	61.0	N/A	56.6	95
Grande - Almond	1594	380	14.3	7.6	62.0	58.1	0.4	0.5	0.63	58.1	N/A	58.1	95
<b>WHITE CHOCOLATE MOCHA FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	853	203	8.1	4.0	30.0	29.1	0.0	2.5	0.32	29.1	3.1	25.9	40
Mini - Semi Skimmed Milk	884	211	8.9	4.5	30.0	29.1	0.0	2.5	0.32	29.1	3.1	25.9	40
Mini - Whole Milk	918	219	9.9	5.2	29.9	28.9	0.0	2.4	0.32	28.9	3.0	25.9	40
Mini - Soy	864	206	9.0	4.2	29.1	28.1	0.2	2.0	0.30	28.1	0.5	27.6	40
Mini - Almond	829	197	8.7	4.1	28.8	27.8	0.2	1.0	0.30	27.8	0.5	27.2	40
Tall - Skimmed Milk	1190	283	10.3	5.0	44.0	42.6	0.0	3.6	0.47	42.6	4.5	38.1	60
Tall - Semi Skimmed Milk	1237	294	11.5	5.8	44.0	42.6	0.0	3.6	0.47	42.6	4.5	38.1	60
Tall - Whole Milk	1287	306	13.0	6.8	43.8	42.4	0.0	3.5	0.47	42.4	4.3	38.1	60
Tall - Coconut	1209	288	12.5	7.1	42.8	41.1	0.3	1.0	0.48	41.1	0.7	40.5	60
Tall - Almond	1155	275	11.1	5.1	42.2	40.7	0.3	1.4	0.44	40.7	0.7	40.0	60
Grande - Skimmed Milk	1632	389	14.4	7.0	60.2	58.2	0.1	4.5	0.63	58.2	5.5	52.7	85
Grande - Semi Skimmed Milk	1687	402	15.9	7.9	60.2	58.2	0.1	4.5	0.63	58.2	5.5	52.7	85
Grande - Whole Milk	1746	416	17.6	9.1	59.9	57.9	0.1	4.4	0.63	57.9	5.2	52.7	85
Grande - Soy	1652	393	16.1	7.3	58.4	56.4	0.4	3.6	0.60	56.4	0.9	55.5	85
Grande - Coconut	1654	394	17.0	9.5	58.7	56.4	0.4	1.4	0.65	56.4	0.9	55.5	85
Grande - Almond	1591	379	15.4	7.1	58.0	55.9	0.3	1.9	0.60	55.9	0.9	54.9	85
<b>FRAPPUCCINO® BLENDED BEVERAGES - COFFEE LIGHT</b>													
<b>COFFEE FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	248	59	0.1	0.0	12.8	12.1	0.1	1.8	0.26	12.1	2.6	10	40
Tall - Skimmed Milk	347	83	0.1	0.0	17.7	17.3	0.2	2.6	0.35	17.3	3.3	14.0	60
Grande - Skimmed Milk	495	118	0.1	0.1	25.6	25.0	0.3	3.4	0.51	25.0	4.3	20.7	90
<b>MOCHA FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	340	81	0.4	0.2	16.9	15.2	0.5	2.2	0.26	15.2	2.6	13	41
Tall - Skimmed Milk	402	96	0.5	0.3	21.2	19.6	0.5	2.9	0.32	19.6	3.3	16.3	60
Grande - Skimmed Milk	598	143	0.8	0.5	31.9	29.4	0.8	3.9	0.48	29.4	4.3	25.1	95
<b>CARAMEL FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	248	59	0.1	0.0	12.9	12.1	0.1	1.8	0.27	12.1	2.6	10	40
Tall - Skimmed Milk	403	96	0.1	0.0	21.2	20.8	0.2	2.5	0.33	20.8	3.3	17.5	60
Grande - Skimmed Milk	560	134	0.1	0.1	29.8	29.2	0.2	3.1	0.46	29.2	4.3	24.9	85
<b>ESPRESSO FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	259	62	0.1	0.0	13.5	12.1	0.1	1.8	0.26	12.1	2.6	10	85
Tall - Skimmed Milk	326	78	0.1	0.0	17.0	15.3	0.1	2.2	0.33	15.3	3.3	12.0	108
Grande - Skimmed Milk	465	111	0.1	0.0	24.5	22.4	0.2	2.9	0.48	22.4	4.2	18.2	135
<b>WHITE MOCHA FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	328	78	0.5	0.0	16.2	15.5	0.1	2.1	0.28	15.5	2.6	13	40
Tall - Skimmed Milk	411	98	0.6	0.0	20.4	19.5	0.1	2.6	0.36	19.5	3.3	16.3	53
Grande - Skimmed Milk	652	155	1.3	0.0	32.1	30.8	0.2	3.7	0.54	30.8	4.2	26.6	78
<b>JAVA CHIP FRAPPUCCINO® (NO WHIP)</b>													
Mini - Skimmed Milk	473	113	2.3	0.2	20.5	18.2	0.5	2.2	0.30	18.2	2.6	16	41
Tall - Skimmed Milk	622	148	3.0	0.3	27.0	24.0	0.7	2.8	0.40	24.0	3.4	20.6	56
Grande - Skimmed Milk	884	211	4.5	0.4	38.4	34.0	1.0	3.6	0.56	34.0	4.2	29.8	80





Summer 2 2017 Starbucks Beverage  
Nutrition Information \*

	KJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) f	Added sugar (g)	Caffeine (mg) **
<b>FRAPPUCCINO® BLENDED BEVERAGES - CRÈME</b>													
<b>STRAWBERRIES AND CREAM FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	957	228	7.3	4.0	36.8	35.5	0.0	3.6	0.40	35.5	5.5	30.0	0
Mini - Semi Skimmed Milk	1017	242	8.9	5.0	36.8	35.5	0.0	3.6	0.39	35.5	5.5	30.0	0
Mini - Whole Milk	1082	257	10.8	6.3	36.5	35.2	0.0	3.5	0.39	35.2	5.2	30.0	0
Mini - Soy	979	233	9.1	4.3	34.9	33.6	0.4	2.6	0.37	33.6	0.5	33.1	0
Mini - Coconut	981	234	10.1	6.7	35.2	33.6	0.4	0.2	0.42	33.6	0.5	33.1	0
Mini - Almond	912	217	8.4	4.1	34.4	33.0	0.3	0.7	0.37	33.0	0.5	32.5	0
Tall - Skimmed Milk	1030	245	9.1	5.0	37.2	35.9	0.0	3.6	0.40	35.9	5.6	30.3	0
Tall - Semi Skimmed Milk	1090	259	10.7	6.0	37.2	35.9	0.0	3.6	0.40	35.9	5.6	30.3	0
Tall - Whole Milk	1154	275	12.6	7.3	36.9	35.6	0.0	3.5	0.40	35.6	5.3	30.3	0
Tall - Soy	1052	250	10.9	5.3	35.3	34.0	0.4	2.6	0.37	34.0	0.7	33.3	0
Tall - Coconut	1054	251	11.9	7.7	35.6	34.0	0.4	0.3	0.42	34.0	0.7	33.3	0
Tall - Almond	985	235	10.2	5.1	34.8	33.4	0.3	0.8	0.37	33.4	0.7	32.8	0
Grande - Skimmed Milk	1401	334	12.7	7.0	50.3	48.5	0.1	4.5	0.53	48.5	7.0	41.5	0
Grande - Semi Skimmed Milk	1475	351	14.7	8.2	50.3	48.5	0.1	4.5	0.53	48.5	7.0	41.5	0
Grande - Whole Milk	1554	370	17.0	9.8	49.9	48.1	0.1	4.4	0.53	48.2	6.7	41.5	0
Grande - Soy	1428	340	14.9	7.4	47.9	46.2	0.5	3.3	0.49	46.2	0.9	45.3	0
Grande - Coconut	1431	341	16.1	10.3	48.3	46.2	0.5	0.4	0.56	46.2	0.9	45.3	0
Grande - Almond	1346	321	14.1	7.1	47.3	45.5	0.4	1.0	0.49	45.5	0.9	44.5	0
<b>CARAMEL CREAM FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	720	171	7.8	4.4	22.9	22.4	0.0	2.4	0.31	22.4	4.0	18.4	0
Mini - Semi Skimmed Milk	762	181	8.9	5.1	22.9	22.4	0.0	2.4	0.30	22.4	4.0	18.4	0
Mini - Whole Milk	806	192	10.2	6.0	22.7	22.2	0.0	2.3	0.30	22.2	3.8	18.4	0
Mini - Soy	735	175	9.1	4.6	21.6	21.1	0.3	1.7	0.28	21.1	0.5	20.6	0
Mini - Coconut	737	175	9.7	6.2	21.8	21.1	0.3	0.0	0.32	21.1	0.5	20.6	0
Mini - Almond	689	164	8.6	4.5	21.2	20.7	0.2	0.4	0.28	20.7	0.5	20.1	0
Tall - Skimmed Milk	990	236	9.6	5.4	33.6	33.0	0.0	3.7	0.45	33.0	6.0	27.0	0
Tall - Semi Skimmed Milk	1054	251	11.3	6.4	33.6	33.0	0.0	3.7	0.45	33.0	6.0	27.0	0
Tall - Whole Milk	1123	267	13.3	7.8	33.3	32.6	0.0	3.5	0.45	32.6	5.7	27.0	0
Tall - Soy	1014	241	11.5	5.7	31.6	30.9	0.4	2.6	0.42	31.0	0.7	30.3	0
Tall - Coconut	1016	242	12.6	8.3	31.9	30.9	0.4	0.1	0.47	31.0	0.7	30.3	0
Tall - Almond	943	224	10.8	5.5	31.0	30.3	0.4	0.6	0.42	30.3	0.7	29.6	0
Grande - Skimmed Milk	1317	314	13.2	7.4	44.2	43.4	0.1	4.5	0.59	43.4	7.4	35.9	0
Grande - Semi Skimmed Milk	1396	332	15.3	8.7	44.2	43.4	0.1	4.5	0.59	43.4	7.4	35.9	0
Grande - Whole Milk	1481	353	17.8	10.4	43.8	43.0	0.1	4.4	0.59	43.0	7.1	35.9	0
Grande - Soy	1346	320	15.5	7.8	41.7	40.9	0.5	3.2	0.55	40.9	0.9	40.0	0
Grande - Coconut	1349	321	16.8	10.9	42.1	40.9	0.5	0.1	0.62	40.9	0.9	40.0	0
Grande - Almond	1259	300	14.6	7.5	41.1	40.1	0.5	0.7	0.55	40.1	0.9	39.2	0
<b>CHOCOLATE CREAM FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	726	173	7.6	4.3	22.8	21.3	0.6	2.9	0.28	21.3	4.0	17.3	1
Mini - Semi Skimmed Milk	767	183	8.7	5.0	22.8	21.3	0.6	2.9	0.28	21.3	4.0	17.3	1
Mini - Whole Milk	812	193	10.0	5.9	22.6	21.1	0.6	2.9	0.28	21.1	3.8	17.3	1
Mini - Soy	741	176	8.8	4.5	21.5	20.0	0.8	2.2	0.26	20.0	0.5	19.5	1
Mini - Coconut	742	177	9.5	6.1	21.7	20.0	0.8	0.6	0.29	20.0	0.5	19.5	1
Mini - Almond	695	165	8.4	4.4	21.2	19.6	0.8	0.9	0.26	19.6	0.5	19.0	1
Tall - Skimmed Milk	961	229	8.2	5.1	33.5	30.7	1.1	4.7	0.82	30.7	5.8	24.9	2
Tall - Semi Skimmed Milk	1023	243	9.8	6.1	33.5	30.7	1.1	4.7	0.98	30.7	5.8	24.9	2
Tall - Whole Milk	1089	247	11.7	7.4	33.2	30.4	1.1	4.6	1.17	30.4	5.5	24.9	2
Tall - Soy	983	234	10.0	5.4	31.6	28.8	1.4	3.7	1.00	28.8	N/A	28.8	2
Tall - Coconut	983	235	11.0	7.8	31.9	28.8	1.4	1.3	1.10	28.8	N/A	28.8	2
Tall - Almond	947	226	10.7	5.5	30.4	27.5	1.1	1.3	0.38	27.5	N/A	27.5	2
Grande - Skimmed Milk	1334	317	11.4	7.1	46.8	42.9	1.4	6.2	1.14	42.9	6.1	36.8	3
Grande - Semi Skimmed Milk	1413	336	13.5	8.4	46.8	42.9	1.4	6.2	1.35	42.9	7.6	35.3	3
Grande - Whole Milk	1499	339	16.0	10.1	46.4	42.5	1.4	6.1	1.60	42.5	7.2	35.3	3
Grande - Soy	1363	324	13.8	7.5	44.2	40.4	1.9	4.9	1.38	40.4	N/A	40.4	3
Grande - Coconut	1366	325	15.1	10.6	44.6	40.4	1.9	1.7	1.51	40.4	N/A	40.4	3
Grande - Almond	1330	317	14.8	7.7	43.2	39.1	1.6	1.8	0.53	39.1	N/A	39.1	3
<b>DOUBLE CHOCOLATEY CHIP CREAM FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	923	220	9.9	4.3	29.5	26.5	0.7	2.9	0.35	26.5	4.8	21.8	2
Mini - Semi Skimmed Milk	998	238	11.2	5.2	30.3	27.4	0.7	3.5	0.37	27.4	4.8	22.6	2
Mini - Whole Milk	1052	250	12.8	6.2	30.1	27.1	0.7	3.4	0.37	27.1	4.5	22.6	2
Mini - Soy	966	230	11.4	4.6	28.8	25.8	1.0	2.6	0.35	25.8	N/A	25.8	2
Mini - Coconut	968	231	12.2	6.6	29.0	25.8	1.0	0.6	0.39	25.8	N/A	25.8	2
Mini - Almond	943	225	10.8	4.4	30.4	27.2	1.0	1.1	0.36	27.2	N/A	27.2	2
Tall - Skimmed Milk	1175	280	12.4	5.4	37.4	33.8	0.8	4.2	0.46	33.8	4.9	29.0	2
Tall - Semi Skimmed Milk	1246	297	14.1	6.4	37.7	34.1	0.8	4.3	0.46	34.1	4.9	29.2	2
Tall - Whole Milk	1314	313	16.1	7.8	37.4	33.7	0.8	4.2	0.46	33.7	4.6	29.1	2
Tall - Soy	1205	287	14.3	5.7	35.7	32.1	1.2	3.3	0.43	32.1	N/A	32.1	2
Tall - Coconut	1208	288	15.4	8.2	36.0	32.1	1.2	0.8	0.49	32.1	N/A	32.1	2
Tall - Almond	1147	273	13.6	5.5	35.8	32.0	1.1	1.3	0.44	32.0	N/A	32.0	2
Grande - Skimmed Milk	1610	383	17.2	7.5	51.3	46.4	1.1	5.3	0.63	46.4	5.2	41.2	3
Grande - Semi Skimmed Milk	1686	402	19.2	8.8	51.3	46.4	1.1	5.3	0.63	46.4	6.3	40.1	3
Grande - Whole Milk	1768	421	21.6	10.4	51.0	46.0	1.1	5.2	0.63	46.0	5.9	40.1	3
Grande - Soy	1638	390	19.4	7.9	48.9	44.0	1.5	4.1	0.59	44.0	N/A	44.0	3
Grande - Coconut	1641	391	20.7	10.9	49.3	44.0	1.5	1.0	0.65	44.0	N/A	44.0	3
Grande - Almond	1596	380	18.7	7.7	50.4	45.1	1.6	1.8	0.61	45.1	N/A	45.1	3



Summer 2 2017 Starbucks Beverage  
Nutrition Information \*

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
<b>VANILLA CREAM FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	653	156	7.2	4.0	20.4	20.1	0.0	2.4	0.28	20.1	4.0	16.1	0
Mini - Semi Skimmed Milk	695	165	8.3	4.7	20.4	20.1	0.0	2.4	0.28	20.1	4.0	16.1	0
Mini - Whole Milk	739	176	9.6	5.6	20.2	19.9	0.0	2.3	0.28	19.9	3.8	16.1	0
Mini - Soy	669	159	8.4	4.2	19.1	18.8	0.3	1.7	0.26	18.8	0.5	18.3	0
Mini - Coconut	670	160	9.1	5.9	19.3	18.8	0.3	0.0	0.29	18.8	0.5	18.3	0
Mini - Almond	622	148	7.9	4.1	18.7	18.4	0.2	0.4	0.26	18.4	0.5	17.8	0
Tall - Skimmed Milk	872	208	8.1	5.0	30.4	29.4	0.1	4.0	0.41	29.4	6.4	23.0	0
Tall - Semi Skimmed Milk	942	225	10.0	6.3	30.1	29.1	0.1	3.9	0.40	29.1	6.4	22.7	0
Tall - Whole Milk	986	236	11.4	6.9	30.0	28.9	0.1	3.8	0.40	28.9	6.0	22.9	0
Tall - Soy	898	215	9.7	5.2	28.6	26.7	0.5	3.4	0.40	26.7	N/A	26.7	0
Tall - Coconut	926	221	10.3	8.2	30.9	29.2	0.0	0.4	0.39	29.2	N/A	29.2	0
Tall - Almond	867	207	10.1	5.1	28.1	26.9	0.4	0.6	0.38	26.9	N/A	26.9	0
Grande - Skimmed Milk	1230	294	11.3	7.0	43.5	41.9	0.1	5.2	0.58	41.9	6.7	35.2	0
Grande - Semi Skimmed Milk	1321	316	13.9	8.7	43.1	41.6	0.1	5.1	0.57	41.6	8.6	33.0	0
Grande - Whole Milk	1378	329	15.6	9.5	42.9	41.3	0.1	5.0	0.57	41.3	8.1	33.2	0
Grande - Soy	1264	302	13.4	7.2	41.1	38.5	0.6	4.4	0.56	38.5	N/A	38.5	0
Grande - Coconut	1242	296	12.2	9.8	45.1	42.9	0.1	0.4	0.55	42.9	N/A	42.9	0
Grande - Almond	1226	292	14.1	7.1	40.4	38.7	0.5	0.8	0.55	38.7	N/A	38.7	0
<b>GREEN TEA FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	793	189	9.7	5.4	23.6	22.6	0.0	1.8	0.22	22.6	3.3	19.3	0
Mini - Semi Skimmed Milk	824	196	10.5	5.9	23.6	22.6	0.0	1.8	0.22	22.6	3.3	19.3	0
Mini - Whole Milk	857	204	11.5	6.6	23.4	22.4	0.0	1.7	0.22	22.4	3.1	19.3	0
Mini - Soy	805	192	10.6	5.6	22.6	21.6	0.2	1.3	0.20	21.6	0.7	20.9	0
Mini - Coconut	806	192	11.1	6.8	22.8	21.6	0.2	0.1	0.23	21.6	0.7	20.9	0
Mini - Almond	770	183	10.3	5.5	22.4	21.3	0.2	0.3	0.20	21.3	0.7	20.6	0
Tall - Skimmed Milk	868	207	9.7	5.4	27.6	26.4	0.0	2.2	0.26	26.4	3.9	22.5	30
Tall - Semi Skimmed Milk	906	216	10.7	6.0	27.6	26.4	0.0	2.2	0.26	26.4	3.9	22.5	30
Tall - Whole Milk	947	225	11.9	6.8	27.4	26.2	0.0	2.1	0.26	26.2	3.7	22.5	30
Tall - Soy	882	210	10.9	5.6	26.4	25.2	0.2	1.6	0.24	25.2	0.7	24.5	30
Tall - Coconut	883	210	11.5	7.1	26.5	25.2	0.2	0.1	0.27	25.2	0.7	24.5	30
Tall - Almond	839	200	10.4	5.5	26.0	24.8	0.2	0.4	0.24	24.8	0.7	24.1	30
Grande - Skimmed Milk	1243	296	10.9	6.0	46.1	44.1	0.0	3.3	0.42	44.1	5.6	38.5	55
Grande - Semi Skimmed Milk	1301	310	12.4	7.0	46.1	44.1	0.0	3.3	0.42	44.1	5.6	38.5	55
Grande - Whole Milk	1363	325	14.3	8.2	45.8	43.8	0.0	3.2	0.42	43.8	5.3	38.5	55
Grande - Soy	1264	301	12.6	6.3	44.3	42.3	0.4	2.4	0.39	42.3	0.8	41.4	55
Grande - Coconut	1266	301	13.6	8.6	44.6	42.3	0.4	0.1	0.44	42.3	0.8	41.4	55
Grande - Almond	1199	286	11.9	6.1	43.8	41.7	0.3	0.5	0.39	41.7	0.8	40.9	55
<b>WHITE CHOCOLATE CREAM FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	757	180	8.1	4.0	23.9	23.7	0.0	3.0	0.32	23.7	4.0	19.7	0
Mini - Semi Skimmed Milk	799	190	9.2	4.7	23.9	23.7	0.0	3.0	0.32	23.7	4.0	19.7	0
Mini - Whole Milk	843	201	10.5	5.6	23.7	23.5	0.0	2.9	0.32	23.5	3.8	19.7	0
Mini - Soy	772	184	9.3	4.2	22.6	22.4	0.3	2.3	0.30	22.4	0.5	21.9	0
Mini - Coconut	774	184	10.0	5.9	22.8	22.4	0.3	0.7	0.34	22.4	0.5	21.9	0
Mini - Almond	726	173	8.8	4.1	22.2	22.0	0.2	1.0	0.30	22.0	0.5	21.4	0
Tall - Skimmed Milk	1075	256	10.4	5.0	36.0	35.8	0.0	4.6	0.49	35.8	5.9	29.9	0
Tall - Semi Skimmed Milk	1139	271	12.0	6.0	36.0	35.8	0.0	4.6	0.48	35.8	5.9	29.9	0
Tall - Whole Milk	1207	287	14.0	7.4	35.7	35.5	0.0	4.5	0.48	35.5	5.6	29.9	0
Tall - Soy	1098	262	12.3	5.3	34.1	33.8	0.4	3.6	0.46	33.8	0.7	33.1	0
Tall - Coconut	1101	262	13.3	7.8	34.4	33.8	0.4	1.0	0.51	33.8	0.7	33.1	0
Tall - Almond	1028	245	11.5	5.1	33.5	33.2	0.4	1.6	0.46	33.2	0.7	32.5	0
Grande - Skimmed Milk	1470	350	14.5	7.0	49.1	48.7	0.1	5.8	0.66	48.7	7.4	41.3	0
Grande - Semi Skimmed Milk	1548	369	16.5	8.3	49.1	48.7	0.1	5.8	0.65	48.7	7.4	41.3	0
Grande - Whole Milk	1632	389	19.0	10.0	48.7	48.3	0.1	5.7	0.65	48.3	7.0	41.3	0
Grande - Soy	1499	357	16.8	7.4	46.6	46.2	0.5	4.5	0.62	46.2	0.9	45.3	0
Grande - Coconut	1502	358	18.1	10.5	47.0	46.2	0.5	1.4	0.68	46.2	0.9	45.3	0
Grande - Almond	1412	336	15.9	7.1	46.0	45.5	0.4	2.1	0.62	45.5	0.9	44.5	0
<b>CHAI TEA CREAM FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	685	163	7.2	4.0	22.2	22.1	0.0	2.4	0.28	22.1	4.0	18.1	0
Mini - Semi Skimmed Milk	726	173	8.3	4.7	22.2	22.1	0.0	2.4	0.28	22.1	4.0	18.1	0
Mini - Whole Milk	771	184	9.6	5.6	22.0	21.9	0.0	2.3	0.28	21.9	3.8	18.1	0
Mini - Soy	700	167	8.4	4.2	20.9	20.8	0.3	1.7	0.26	20.8	0.5	20.2	0
Mini - Coconut	702	167	9.1	5.9	21.1	20.8	0.3	0.0	0.29	20.8	0.5	20.2	0
Mini - Almond	654	156	7.9	4.1	20.6	20.3	0.2	0.4	0.26	20.3	0.5	19.8	0
Tall - Skimmed Milk	932	222	9.0	5.0	31.8	31.6	0.0	3.4	0.40	31.6	5.6	26.0	0
Tall - Semi Skimmed Milk	992	236	10.6	6.0	31.8	31.6	0.0	3.4	0.40	31.6	5.6	26.0	0
Tall - Whole Milk	1057	252	12.4	7.3	31.5	31.3	0.0	3.3	0.40	31.3	5.3	26.0	0
Tall - Soy	954	227	10.8	5.3	30.0	29.7	0.4	2.4	0.37	29.7	0.7	29.0	0
Tall - Coconut	957	228	11.8	7.7	30.3	29.7	0.4	0.1	0.42	29.7	0.7	29.0	0
Tall - Almond	888	211	10.1	5.1	29.5	29.1	0.3	0.5	0.37	29.1	0.7	28.4	0
Grande - Skimmed Milk	1285	306	12.5	7.0	43.9	43.6	0.1	4.3	0.55	43.6	7.2	36.4	0
Grande - Semi Skimmed Milk	1360	324	14.5	8.2	43.9	43.6	0.1	4.3	0.54	43.6	7.2	36.4	0
Grande - Whole Milk	1441	343	16.9	9.9	43.6	43.2	0.1	4.2	0.54	43.2	6.8	36.4	0
Grande - Soy	1313	313	14.8	7.4	41.6	41.2	0.5	3.1	0.51	41.2	0.9	40.3	0
Grande - Coconut	1316	313	16.0	10.4	41.9	41.2	0.5	0.1	0.57	41.2	0.9	40.3	0
Grande - Almond	1229	293	13.9	7.1	41.0	40.5	0.4	0.7	0.51	40.5	0.9	39.5	0
<b>FRAPPUCCINO® BLENDED JUICE DRINK</b>													
<b>MANGO PASSION FRUIT FRAPPUCCINO® (with Passion Tea)</b>													
Mini	353	84	0.3	0.0	19.3	18.5	0.0	1.0	0.21	18.5	0.0	18.5	0
Tall	626	157	0.2	0.0	36.2	35.1	1.0	0.6	0.26	35.1	0.0	35.1	0
Grande	751	191	0.3	0.0	43.5	42.0	1.3	0.8	0.32	42.0	0.0	42.0	0



Summer 2 2017 Starbucks Beverage  
Nutrition Information \*

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) f	Added sugar (g)	Caffeine (mg) **
<b>RASPBERRY BLACKCURRENT FRAPPUCCINO (with Zen Tea)</b>													
Mini	366	87	0.0	0.0	21.8	21.1	0.0	0.0	0.05	21.1	0.0	21.1	0
Tall	629	158	0.1	0.0	36.9	35.8	0.6	0.3	0.08	35.8	0.0	35.8	0
Grande	755	192	0.1	0.0	44.3	42.8	0.7	0.4	0.10	42.8	0.0	42.8	0
<b>SMOOTHIES</b>													
<b>Berry Smoothie</b>													
made up with apple juice (as standard)	501	118	0.4	0.2	25.8	24.5	3.4	1.3	0.00	24.5	0.0	24.5	0
<b>Tropical Smoothie</b>													
made up with apple juice (as standard)	763	180	0.5	0.2	37.7	31.2	7.0	2.8	0.00	31.2	0.0	31.2	0
<b>Summer promo 2017</b>													
<b>FRAPPUCCINO®</b>													
<b>HAZELNUT PRALINE FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Semi Skimmed Milk	827	197	8.8	5.1	26.5	24.1	1.0	2.5	0.24	24.09	2.3	21.8	0
Tall - Semi Skimmed Milk	1127	268	11.3	6.5	37.5	34.1	1.4	3.6	0.35	34.1	3.2	30.9	0
Grande - Semi Skimmed Milk	1502	358	15.3	8.8	49.6	45.5	1.6	4.4	0.47	45.5	4.0	41.4	0
Venti - Semi Skimmed Milk	1770	421	15.9	9.2	63.2	58.2	2.0	5.3	0.61	58.2	4.7	53.5	0
<b>CARAMEL POPCORN CRÈME FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	717	183	7.7	4.2	25.7	23.2	0.2	2.6	0.29	23.2	4.0	19.2	0
Mini - Semi Skimmed Milk	759	193	8.8	4.9	25.7	23.2	0.2	2.6	0.29	23.2	4.0	19.2	0
Mini - Whole Milk	804	204	10.1	5.8	25.5	23.0	0.2	2.5	0.29	23.0	3.8	19.2	0
Mini - Soy	733	187	8.9	4.4	24.4	21.9	0.5	1.9	0.27	21.9	0.5	21.3	0
Mini - Coconut	734	187	9.6	6.0	24.6	21.9	0.5	0.3	0.30	21.9	0.5	21.3	0
Mini - Almond	686	176	8.5	4.2	24.0	21.5	0.4	0.6	0.27	21.5	0.5	20.9	0
Tall - Skimmed Milk	953	239	9.6	5.2	34.4	31.1	0.3	3.6	0.39	31.1	5.4	25.7	0
Tall - Semi Skimmed Milk	1011	253	11.1	6.1	34.4	31.1	0.3	3.6	0.39	31.1	5.4	25.7	0
Tall - Whole Milk	1073	268	13.0	7.4	34.1	30.8	0.3	3.5	0.39	30.8	5.1	25.7	0
Tall - Soy	974	244	11.3	5.5	32.6	29.3	0.7	2.6	0.36	29.3	0.7	28.6	0
Tall - Coconut	977	245	12.3	7.7	32.9	29.3	0.7	0.3	0.41	29.3	0.7	28.6	0
Tall - Almond	911	229	10.7	5.3	32.1	28.7	0.6	0.8	0.36	28.8	0.7	28.1	0
Grande - Skimmed Milk	1330	329	13.3	7.2	47.2	43.2	0.4	4.7	0.56	43.2	7.2	35.9	0
Grande - Semi Skimmed Milk	1406	347	15.3	8.5	47.2	43.2	0.4	4.7	0.56	43.2	7.2	35.9	0
Grande - Whole Milk	1488	366	17.7	10.1	46.9	42.8	0.4	4.6	0.56	42.8	6.9	35.9	0
Grande - Soy	1358	335	15.6	7.6	44.8	40.8	0.9	3.5	0.52	40.8	0.9	39.8	0
Grande - Coconut	1361	336	16.9	10.6	45.2	40.8	0.9	0.4	0.59	40.8	0.9	39.8	0
Grande - Almond	1273	315	14.7	7.3	44.2	40.0	0.8	1.1	0.52	40.0	0.9	39.1	0
<b>CARAMEL POPCORN COFFEE FRAPPUCCINO® with WHIPPED CREAM</b>													
Mini - Skimmed Milk	804	203	7.7	4.2	31.4	28.2	0.2	2.0	0.28	28.2	3.1	25.0	46
Mini - Semi Skimmed Milk	835	211	8.5	4.7	31.4	28.2	0.2	2.0	0.28	28.2	3.1	25.0	46
Mini - Whole Milk	869	219	9.5	5.4	31.3	28.0	0.2	2.0	0.28	28.0	3.0	25.0	46
Mini - Soy	815	206	8.6	4.3	30.4	27.2	0.4	1.5	0.27	27.2	0.5	26.6	46
Mini - Coconut	816	207	9.1	5.6	30.6	27.2	0.4	0.3	0.29	27.2	0.5	26.6	46
Mini - Almond	780	198	8.3	4.2	30.2	26.9	0.4	0.5	0.27	26.9	0.5	26.3	46
Tall - Skimmed Milk	1074	268	9.6	5.2	42.4	38.1	0.3	2.8	0.38	38.1	4.2	33.8	67
Tall - Semi Skimmed Milk	1117	278	10.7	5.9	42.4	38.1	0.3	2.8	0.38	38.1	4.2	33.8	67
Tall - Whole Milk	1163	289	12.1	6.8	42.2	37.9	0.3	2.7	0.38	37.9	4.0	33.8	67
Tall - Soy	1090	272	10.9	5.4	41.1	36.7	0.6	2.0	0.36	36.7	0.7	36.0	67
Tall - Coconut	1092	272	11.6	7.1	41.3	36.7	0.6	0.3	0.40	36.7	0.7	36.0	67
Tall - Almond	1042	260	10.4	5.3	40.7	36.3	0.6	0.7	0.36	36.3	0.7	35.6	67
Grande - Skimmed Milk	1523	375	13.3	7.2	60.0	54.3	0.4	3.5	0.56	54.3	5.5	48.8	99
Grande - Semi Skimmed Milk	1578	388	14.7	8.1	60.0	54.3	0.4	3.5	0.55	54.3	5.5	48.8	99
Grande - Whole Milk	1637	402	16.5	9.3	59.7	54.0	0.4	3.5	0.55	54.0	5.2	48.8	99
Grande - Soy	1543	380	14.9	7.5	58.3	52.5	0.8	2.6	0.53	52.5	0.9	51.6	99
Grande - Coconut	1545	380	15.8	9.7	58.6	52.5	0.8	0.4	0.58	52.5	0.9	51.6	99
Grande - Almond	1482	365	14.3	7.3	57.8	52.0	0.7	0.9	0.53	52.0	0.9	51.0	99
<b>Banana Yoghurt Frappuccino®</b>													
Tall	772	184	1.5	1.2	37.4	34.9	1.5	3.7	0.3	34.9	3.5	31.4	0.0
Grande	977	233	2.1	1.4	47.7	44.5	1.9	4.4	0.4	44.5	4.2	40.3	0.0
Venti	1067	254	2.5	1.6	51.8	48.7	1.9	5.0	0.5	48.7	4.8	43.9	0.0
<b>Red Berry Yoghurt Frappuccino®</b>													
Tall	757	183	1.8	1.2	37.3	34.9	1.5	4.0	0.5	34.9	3.5	31.4	0.0
Grande	962	265	2.2	1.4	47.9	44.8	1.9	4.0	0.6	44.8	4.2	40.6	0.0
Venti	1053	326	2.5	1.6	52.0	49.0	1.9	5.0	0.7	49.0	4.8	44.2	0.0
<b>ICED TEAS</b>													
<b>Promo Shaken iced Teas</b>													
<b>Iced Shaken Mango Black Tea Lemonade</b>													
Tall	401	96	0.0	0.0	22.8	22.1	1.0	0.0	0.0	22.1	0.0	22.1	20-25
Grande	533	127	0.0	0.0	30.3	29.4	1.0	0.0	0.0	29.4	0.0	29.4	25-30
Venti	661	158	0.0	0.0	37.6	36.4	2.0	0.0	0.0	36.4	0.0	36.4	35-40
<b>Iced Shaken Peach Green Tea Lemonade</b>													
Tall	401	96	0.0	0.0	22.8	22.1	1.0	0.0	0.0	22.1	0.0	22.1	20-25
Grande	533	127	0.0	0.0	30.3	29.4	1.0	0.0	0.0	29.4	0.0	29.4	25-30
Venti	661	158	0.0	0.0	37.6	36.4	2.0	0.0	0.0	36.4	0.0	36.4	35-40
<b>Iced Shaken Blackberry Mojito Tea Lemonade</b>													
Tall	401	96	0.0	0.0	22.8	22.1	0.1	1.0	0.1	22.1	0.0	22.1	20-25
Grande	533	127	0.0	0.0	30.3	29.4	0.2	1.3	0.1	29.4	0.0	29.4	25-30
Venti	661	158	0.0	0.0	37.6	36.4	0.2	1.6	0.1	36.4	0.0	36.4	35-40
<b>Classic Shaken Iced tea lemonade</b>													
<b>Iced Shaken Green Tea Lemonade</b>													
Tall	156	37	0.0	0.0	8.3	8.3	1.0	0.0	0.0	8.3	0.0	8.3	20-25
Grande	206	49	0.0	0.0	11.1	11.1	1.0	0.0	0.0	11.1	0.0	11.1	25-30
Venti	253	60	0.0	0.0	13.6	13.6	1.0	0.0	0.0	13.6	0.0	13.6	35-40



**Summer 2 2017 Starbucks Beverage Nutrition Information \***

	kJ	kcal	Fat (g)	of which Saturates	Carbohydrates (g)	Total Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Total Sugars (g)	Natural Sugar (g) †	Added sugar (g)	Caffeine (mg) **
<b>Iced Shaken Hibiscus Tea Lemonade</b>													
Tall	156	37	0.0	0.0	8.3	8.3	1.0	0.0	0.0	8.3	0.0	8.3	0.0
Grande	206	49	0.0	0.0	11.1	11.1	1.0	0.0	0.0	11.1	0.0	11.1	0.0
Venti	253	60	0.0	0.0	13.6	13.6	1.0	0.0	0.0	13.6	0.0	13.6	0.0
<b>Iced Shaken Black Tea Lemonade</b>													
Tall	156	37	0.0	0.0	8.3	8.3	1.0	0.0	0.0	8.3	0.0	8.3	20-25
Grande	206	49	0.0	0.0	11.1	11.1	1.0	0.0	0.0	11.1	0.0	11.1	25-30
Venti	253	60	0.0	0.0	13.6	13.6	1.0	0.0	0.0	13.6	0.0	13.6	35-40
<b>Classic Shaken Iced Tea Natural</b>													
<b>Iced Shaken Green Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	20-25
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	25-30
Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	35-40
<b>Iced Shaken Hibiscus Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
<b>Iced Shaken Black Tea</b>													
Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	20-25
Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	25-30
Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	35-40
<b>COLD CRAFT</b>													
<b>Cold Brew</b>													
10 oz	2	0	0.0	0.0	0.0	0.0	0.0	0.1	0.00	0.0	0.0	0.0	91
Tall	3	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	0.0	0.0	0.0	148
Grande	4	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	0.0	0.0	0.0	207
Venti	5	1	0.0	0.0	0.0	0.0	0.0	0.2	0.00	0.0	0.0	0.0	266
<b>Nitro Cold Brew</b>													
10 oz	16	4	0.0	0.0	0.0	0.0	0.0	0.1	0.00	0.0	0.0	0.0	166
Tall	17	4	0.0	0.0	0.0	0.0	0.0	0.2	0.00	0.0	0.0	0.0	244
Grande	32	8	0.1	0.0	0.0	0.0	0.0	0.3	0.00	0.0	0.0	0.0	333
Venti	40	10	0.1	0.0	0.0	0.0	0.0	0.4	0.00	0.0	0.0	0.0	469
<b>Cold Brew Vanilla Sweet Cream</b>													
10 oz	161	38	2.3	1.5	3.9	3.8	0.0	0.5	0.00	3.8	0.3	3.5	84
Tall	344	82	4.9	3.1	8.5	8.3	0.0	0.9	0.00	8.3	0.7	7.6	139
Grande	386	92	4.9	3.1	11.0	10.7	0.0	1.0	0.00	10.7	0.7	10.0	186
Venti	687	164	9.8	6.2	16.9	16.6	0.0	1.9	0.00	16.6	1.3	15.3	276
<b>Cappuccino Freddo (made with Skimmed Milk as standard)</b>													
Tall	226	54	0.1	0.0	10.8	8.5	0.0	2.6	0.08	8.5	3.8	4.7	150
Grande	283	67	0.1	0.0	13.2	11.0	0.0	3.4	0.11	11.0	5.0	6.0	150
Venti	370	88	0.1	0.0	17.3	13.9	0.0	4.4	0.15	13.9	6.5	7.4	225
<b>REFRESHIA</b>													
<b>Cool Lime Refresha</b>													
Mini	296	71	0.1	0.0	16.7	13.5	0.9	0.3	0.01	13.5	0.0	13.5	varies
Tall	418	100	0.1	0.0	24.0	20.1	0.9	0.3	0.01	20.1	0.0	20.1	varies
Grande	536	128	0.1	0.0	30.9	26.5	0.9	0.4	0.01	26.5	0.0	26.5	varies
Venti	657	157	0.1	0.0	38.1	33.0	0.9	0.4	0.02	33.0	0.0	33.0	varies
<b>Very Berry Refresha</b>													
Mini	220	52	0.3	0.0	11.7	11.6	0.9	0.3	0.00	11.6	0.0	11.6	varies
Tall	305	73	0.3	0.0	16.7	16.6	0.9	0.3	0.00	16.6	0.0	16.6	varies
Grande	387	92	0.3	0.0	21.6	21.5	0.9	0.3	0.00	21.5	0.0	21.5	varies
Venti	472	112	0.3	0.0	26.7	26.5	0.9	0.3	0.00	26.5	0.0	26.5	varies
<b>Barista championship</b>													
<b>White Mocha Cold Brew</b>													
Tall	480	114	2.8	0.8	18.7	14.5	0.0	3.6	0.15	14.5	3.8	10.8	154.0
Grande	820	195	4.7	1.0	32.6	26.6	0.0	5.5	0.25	26.6	5.0	21.6	224.0
Venti	1165	277	6.7	1.3	46.6	38.8	0.0	7.6	0.35	38.8	6.5	32.3	284.0

Mini -- 296 ml (10 fl oz)  
TALL -- 354 ml (12 fl oz)  
GRANDE -- 473 ml (16 fl oz)  
VENTI -- 709 ml (24 fl oz)

\* Nutrition information for beverages is calculated based on Starbucks standard recipes. Whole milk is based on 3.5% milk fat, this may differ slightly from milks in your region. Because our beverages are handcrafted and may be customized, exact information may vary. New product introduction, ingredient changes or recipe changes during the life of this publication may cause this information to be incomplete.

\*\* Caffeine information is approximate. These values reflect Starbucks standard brewing methods. Values can vary greatly based on the variety of the coffee and the brewing equipment used. The handcrafted nature of our beverages may result in a variation from the reported values.